

Public input sought on antiquated laws.

News, Page 6A

Pillaf, couscous by any name taste like rice and pasta.

Food, Page 1C

Today's Food



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VOLUME 19, NUMBER 88

WEDNESDAY, NOVEMBER 8, 1995

FIFTY CENTS

Woman hides from arsonist

By Bob Slate
Staff writer

A 29-year-old Granite City woman told police she watched an arsonist pour gasoline on the floor of her home early Sunday morning and then hid while the suspect ignited a fire.

The blaze caused \$30,000 damage to a two-story brick home in the 1700 block of Maple Street in Lincoln Place, according to a fire report.

Paula Hummel, the resident, told police she was sleeping in her bedroom at about 1:55 a.m. Sunday when she was awakened by a noise in her dining room. She put on her glasses and went to investigate, according to a police report.

What she found was a man wearing a hooded sweatshirt pouring gasoline on the dining room floor. She returned to her bedroom and hid until she smelled smoke, she told police. Hummel then grabbed a suitcase, knocked out a bedroom window and jumped out, she said. She cut her thumb and ankle on the window on the way out, according to the police report.

Police reported seeing smoke coming from under the eaves of the house when they arrived. Firefighters arrived at about 2 a.m. and extinguished the fire in about 20 minutes. They remained on the scene for two hours and found a gasoline can in the home.

Fire damage was limited to the first floor. There was smoke damage throughout the home, which is insured, according to a fire report.

Hummel was home alone at the time. She told police her (See ARSON, Page 7A)



Leafy — Frohardt Elementary School first grader Lauren Hillmer covers a leaf with fabric paint before pressing it onto a sweatshirt with some help from volunteer Edward Mott. The school's first-grade classes made sweatshirts with fall colors after learning why leaves change color. See Page 3A, for another photo.

(Staff photo, by JOHN FRESE)

After 18 years, Filcoff retires

Madison County Circuit Judge George Filcoff Jr. hung up his robe Thursday after nearly two decades on the bench.

Dozens of courthouse employees, attorneys and county officials gathered for a luncheon to bid farewell to the 61-year-old Granite City resident.

Filcoff, who sat on the bench for 18 years, said he plans to practice law a few days a week and is looking forward to spending more time with his family.

Filcoff, who was elevated from associate judge to the circuit bench in December to replace former Circuit Judge Paul Riley, said the 3rd Judicial Circuit, which includes both

Madison and Bond counties, has made great strides during his career as a judge.

Filcoff pointed out that when he was appointed an associate judge in 1977, the Madison County Courthouse had only five courtrooms compared to its current 12. Filcoff also recalled the days when court hearings were held on Saturdays.

Filcoff's vacancy will be filled in the November 1996 election.

The Illinois Supreme Court could fill the vacancy temporarily by appointment until the election.

— From the Alton Telegraph

Perplexing
More new gasoline contamination at city fire station.By Bob Slate
Staff writer

Granite City officials have become more and more perplexed about gasoline contamination at the city's main fire station.

Recent testing has revealed "new" gasoline contamination at the site, even though the apparent source of contamination was removed in 1992.

The city removed four underground gasoline storage tanks from the site in 1992. A

cleanup of gasoline-contaminated soil was considered 90 percent complete in early 1993, but samples

tested began to show increases in the amount of benzene and other hydrocarbons on site.

The city has since spent more than \$500,000 to clean up the site, but contamination

appears to be increasing and spreading off-site — even though the only documented source of gasoline was removed more than three years ago.

In the most recent round of tests, performed Oct. 4, nearly a foot and a half of free gasoline product was detected in one of the groundwater monitoring wells that had previously tested near or below environmental cleanup

objective levels set by the Illinois Environmental

Protection Agency.

During the testing procedure, performed by the St. Louis environmental engineering firm of Schreiber, Grana and Yonley (SGY), samples of groundwater are taken from the monitoring wells and sent to an independent laboratory for analysis.

Usually the samples contain residual amounts of benzene and other hydrocarbons found in gasoline. The IEPA's cleanup objective for benzene in groundwater is 25 parts per billion and for total benzene, toluene, ethylbenzene and xylenes is 16,025 parts per billion.

The most recent round of sampling revealed residual chemicals in excess of those limits in three of the six monitoring wells at the fire station.

But much more perplexing was the detection of 1.43 feet of free gasoline product, not residual chemicals at the top one of the monitoring wells, according to the report.

Joe Jumeau of Jumeau Associates, the city's contractual engineer, said that the results may indicate a "bubble" of gasoline floating on top of the groundwater.

Engineers at SGY have said that the newly-discovered gasoline could be the result of pockets of gasoline that had

(See STATION, Page 7A)

Appeal of plant's siting is accepted

By Scott Cousins
Staff writer

An appeal of the siting of Metro East LLC's \$75 million power plant in Madison was accepted Thursday by the Illinois Pollution Control Board.

A local hearing date will be set by the board in the next few weeks, said board spokesman John Cross. The board has 120 days to make a decision on the appeal.

The appeal — filed by Kathy Andria of Stop Polluting Illinois — was sent by certified mail on Oct. 26, the last day to file. It was received at the board's Chicago office Oct. 30. Others named in the appeal were the Madison County Conservation Alliance, the Sierra Club and several residents of Cloverleaf Subdivision, which adjoins the proposed site.

Cross said the board requested some additional material from the appellants.

"A hearing officer will be appointed, but we probably won't schedule a public hearing for 2½ to 3 weeks," Cross said.

He said the hearing will be held somewhere in Madison.

(See APPEAL, Page 7A)

Alternative schooling pushed

By Scott Cousins
Staff writer

An ever-increasing number of disruptive students shows the need for alternative education programs, education and legal professionals said last week.

Madison County Regional Superintendent of Schools Harry Briggs Jr. said statistics show the number of expulsions in the county has increased to 74 from 28 in the last three years.

Those statistics also show a massive increase in the number of suspensions for weapon possessions, assaults and gang-related activities statewide, he said.

"Regular education kids who are disruptive are being suspended right and left, and you end up telling kids they are not welcome (in school)," Briggs said during a public hearing Wednesday night. "For most of those students, home schooling is not an alternative, he said.

"We're looking at a segment of our population that is becoming rapidly dysfunctional," he added. "Are we going to pay for it now or pay for it later when we have to incarcerate them?" Briggs said the hearing was one of the requirements of the Safe Schools Act, which also established alternative education programs in each of the state's regional districts. The problem, Briggs said, was that the law did not provide any funding.

Briggs said he is hoping legislators will be able to do something about that in the spring session. He added that local legislators have asked that information from the hearing be given to them.

About 40 people, mostly educators, attended the hearing at the Madison County administrative building in Edwardsville.



(Staff photo by SCOTT COUSINS)

Cindy Galvinsky of Coordinated Youth and Human Services in Granite City addresses those attending Thursday's public hearing. Behind her is Associate Judge Michael Meehan.

The hearing included a six-person panel from both the educational and the legal system. Panel members were Madison County Associate Judge Michael Meehan, who handles juvenile cases; Assistant

Madison County State's Attorney Amy Maher, the county's juvenile prosecutor; Steve Bowker, superintendent of the Madison County juvenile Detention

(See EDUCATORS, Page 6A)

In the Journal

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5 FILLER'S FORECAST

John Fuller, Chief Meteorologist, KSDK-NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
46 31	45 39	44 36	47 34

WEDNESDAY: Partly cloudy, 46-31
THURSDAY: Partly cloudy, 45-39
FRIDAY: Partly cloudy, 44-36
SATURDAY: Partly cloudy, 47-34



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Calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

Wednesday, Nov. 8

American Association of Retired Persons Chapter 1340 will hold a Christmas dinner and dance tickets will be on sale. Cost for members is \$6 and guests are \$8. Those 50 and over are welcome to attend. Refreshments are served at 6 p.m. Games will be played. For information call 876-8328.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St. in Granite City. Call 876-7816 for more information.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Al-Anon, 7:15 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Divorced and Separated Group Ministry, 7:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at

452-2338 or Diane at 876-1360.

Thursday, Nov. 9

Madison County Genealogical Society, meets 7 p.m. at Immanuel United Church, 800 N. Main, Edwardsville.

Navy Mothers Clubs of America, meet at 7:30 p.m. at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2252 or 876-2209.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acre Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2263, 6:45 p.m. at Anchorage Recreation Center, 2309 Edwards St. For information, call 798-3019.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Overaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 89th St., Caseyville. For information, call 1 (314) 638-7021.

Granite City Community Band rehearsals, 7:30 to 9 p.m. at St. John United Church of Christ, 2901 Kamecki Road, Granite City, 931-0443.

Friday, Nov. 10

Granite City Eagles Auxiliary 1128 will host a dessert sale from 5 to 8 p.m. at the Eagles' fish dinner at the 20th Street and Cleveland Boulevard in Granite City. Proceeds go to the Jimmy Durante Crippled Children's Fund.

Granite City Eagles Auxiliary 1128 will hold its first meeting of November at 7:30 p.m. There will be an initiation ceremony for new members. A social hour will follow.

Granite Chapter 650 Order of the Eastern Star meets at 7:30 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

Southern Illinois Divorced and Separated Catholics, 7:30 p.m., St. Boniface School, 128 N. Buchanan, Edwardsville.

Downtown Neighborhood Restoration Society, Granite

City, 876-7715, 8 p.m.

Hereditary Ataxia (a disorder of nerve cells in the spinal cord and cerebellum) support group. Call Curt Williams, 877-5172, for information.

Al-Anon meets at 8 p.m. in the Miloski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinocchio Club for seniors 55 and over meets at 12:30 p.m. at the Har-Old Brown Building, Franklin Avenue and Pontoon Road. Call 877-0359 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

Saturday, Nov. 11

Midwestern United States Imperial Dance Club (MUSIC) will hold a club event. For more information, call 463-2405.

Pizza-Gateway Chapter of Abate of Illinois will hold a meeting at 7 p.m. at Adrien's Restaurant and Lounge, 15 S. Stanley Road in Cottage Hills. Call Skinny at 259-0120 or Larry at 526-4903 for more information.

Quaid City Youth Fellowship, 2257 Cleveland, 7 p.m., 931-3480 or 877-4848.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is

open from 9 a.m. to noon. Samuel Turner is the chairman. Valonda Turner is the secretary and Alfred Turner is the pastor.

Sunday, Nov. 12

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Granite City Eagles Auxiliary 1128 will honor all bingo volunteers who have worked at least three Sundays with a banquet at 5 p.m. at the Eagles home, 2558 Madison Ave. in Granite City.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

St. Ann's Altar Society of St. Mary's Catholic Church in Madison will hold its annual quilt social at 1:30 p.m. at Engelbert Hall, 10th and Washington in Madison. There will be 24 quilts and one special game. Paper cards will be used. Bring your doblers. Food and refreshments will be available.

Spectator Show will be held from 9:30 a.m. to 3:30 p.m. at the Collinsville Gateway Center. Admission is \$1 per person or \$2 per family.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1128 Bingo, 1 p.m. at the Namekiki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

Overaters Anonymous, meets at 2 p.m. in the Wiesman Room, First Floor, St. Elizabeth Medical Center in Granite City.

Monday, Nov. 13

Granite City Lions meet at 7 p.m. at the Knights of Columbus Hall in Granite City in either the auxiliary room or the Pinta room. Any man or

woman 18 or older interested in Lionism is welcome to attend. Anyone interested may call Lion President Marlene Cook at 876-2515 or Lion Treasurer Ken Turcott at 877-6776.

National Association of Retired Federal Employees (NARFE) Chapter 1067 meets at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 931-2118.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

First Place, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

Tuesday, Nov. 14

Benevolent and Protective Order of Elks, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m.

Job's Daughters Bethel #43 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

Knights of Columbus, 3rd Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Better Breathers, support group of those with chronic lung condition, 1 p.m., Pascal Hall, St. Elizabeth Medical Center, 798-3118.

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The Government Finance Officers Association has again recognized the efforts of Fred Bathon, Madison County auditor. Annually, the GFOA presents its prestigious Certificate of Achievement for Excellence in Financial Reporting to a selected group of public officials in the United States and Canada.

This award is the highest form of recognition for state and local government financial reporting.

According to the GFOA, receipt of the certificate represents a significant accomplishment for a government official. It reflects a dedication to public accessibility to thorough and accurate financial information.

Bathon, of Granite City, responded to the

news by saying: "We set high performance goals for our office. The GFOA award is our report card. My staff has worked very hard to make this possible."

Bathon, whose role as county auditor includes the accounting functions, has continually sought to improve the systems used to monitor the financial transactions of the county.

"Madison County government has reached a new plateau," Bathon said. It has taken time and a lot of effort, but with the help of the County Board and a group of managers that bring a high degree of professionalism to their jobs, we are the envy of many other counties.

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(Staff photo by JOHN FRESE)

Awesome — Frohardt School parent Lisa Hillmer watches as Caitlin Flaherty lifts a paint-covered leaf off of her sweatshirt, leaving behind its imprint. Richard Kindle, center, stops to watch the process.

Come Celebrate Our OPEN HOUSE

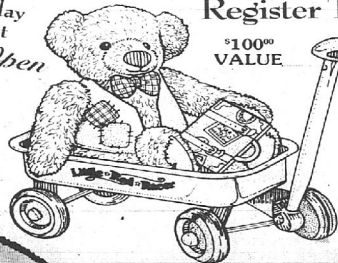
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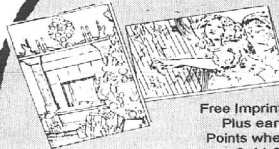
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Great Ideas For Holiday Decorating from the experts at

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Like to do something a little different in your holiday decorating this year? Now's the time to start thinking about it and planning. Here are some suggestions from Frank's that will definitely brighten your indoor holiday scene.

Theme Tree. Coordinate lights, bows, garland ribbons, ornaments, a tree skirt and wrapping paper for a complete theme. Match the room decor with a complementary theme such as Victorian, Children's, Traditional, Country, Religious, etc.

Centerpieces. These are a great way to bring holiday cheer to any table setting. They can be formal, fun, romantic or anything else you like. You can move them from dining table to coffee table to mantel... any surface in the house.

Candle Centerpiece. Use one large candle in a floral ring or multiple candles in an array of colors and sizes. You can even use several different candle holders. To add a festive touch, try arranging several candles over an oval or circular piece of cut mirror.

Collectibles. Display a group of collectible figures at the center of a table. For example, a group of Santa figures is festive and will show off your collection.

Mini Tree. These are fun and fascinating. You can decorate one of these one-foot trees with mini tree ornaments or small silk or dried floral pieces. Add a tree skirt and mini gifts or create an outdoor look with a small wooden fence and paint-on snow.

Fish Bowl of Color. Use a large clear glass bowl such as a fish bowl or terrarium bowl. Fill with colored glass balls. Candles or soft lights in the room will catch the sparkle of the balls and create a beautiful scene.

Holiday Plants. Place a poinsettia or Christmas cactus in a brass or metal plant pot, tie a holiday bow on the pot and use holiday floral picks as a finishing touch.

Village. This is one of the most fascinating and capti-

vating hobbies. You can create just about any kind of scene you like, using miniature buildings, people and other types of scenery. Of course, no Christmas scene could be complete without ample "snow" surrounding it.

Gingerbread House. A real gingerbread house adorned with icing "snow" and candy is a real conversation piece around any home at Christmas. And building one is easy with a complete gingerbread house kit available at Frank's. Everything's included, even the candy!

Lifelike Poinsettias. If you like the beauty of these traditional Christmas plants, but don't want to worry about their care, this is the way to go. They'll "thrive" anywhere, can withstand any temperature and will keep beautifying your home year after year!

Garland. Garland can be put to so many uses around the home at Christmas. Drape a door, mount on a mantel, wrap a window, wind around the banister... the list goes on and on.

Here's a general guide to lengths of garland: Regular doorway, 18 ft., double doorway, 21 to 33 ft., small picture window, 18 to 25 ft., large picture window 21 to 33 ft., fireplace mantel 18 to 25 ft.

Watch upcoming columns for more great decorating ideas you can use indoors and out!

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By
DR. WALTER B. HEIDKE
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LOCAL NEWS

Public suggestions sought

Antiquated laws targeted

Rep. Ron Stephens of Troy wants suggestions from the public on state laws that should be repealed because they are antiquated or unnecessary.

Stephens is one of the Republican members of a House committee that will propose laws to repeal during monthly "common sense day" sessions when legislators reconvene next spring.

The committee held a preliminary meeting Oct. 31 to discuss some possible laws slated for elimination. One that has already been cited is a 19th-century measure imposing a \$5 fine for riding a mule along the Illinois-Michigan canal without pulling a barge.

The panel's goal is to eliminate at least one volume from the nine-volume Illinois statutes.

"We have so many laws on our books today that it's time to say that enough is enough," Stephens said. "A number of laws are out of date and have no purpose in today's society. The Illinois statutes have grown from one volume in the 1930s to nine volumes today."

Stephens said he wants residents to write him at his office at 907A Main St., Highland, Ill. 62249, if they have suggestions on state laws that should be repealed, because they are "obsolete, ludicrous, duplicative and

"We have so many laws on our books today that it's time to say that enough is enough. A number of laws are out of date and have no purpose in today's society."

— Ron Stephens
Committee member

burdensome to taxpayers."

A report by the state auditor general's office lists several hundred laws that meet that starting point for the House GOP committee suggesting repeals, chairman Rep. Dan Rutherford, R-Pontiac, indicated.

Among those listed as obsolete in the report is a 1955 law authorizing the adjutant general to accept land in various cities for construction of armories, and a 1959 law authorizing construction of a state museum, both of which long since have been implemented.

Another law related to mules was enacted in 1953 on the minimum quality of air for animals used in coal mines. Animals have not been used in mines for several years.

A 1941 law creating a beekeeper's commission should also be repealed, the report suggested, since it has not met for more than 30 years.

A 1915 statute for issuing state bonds for tuberculosis sanitariums could also be repealed since there are none operating in Illinois.

Several laws giving duties to the Egg Market Development Council also could be scrambled from the statutes since the council has not met since 1988, according to the report.

It is unclear how many monthly common sense days will be held.

— From the Alton Telegraph

•Educators

(Continued from Page 1A)

Home; Ed Hightower, assistant superintendent of the Alton School District; Debra Kibort, executive director of the Madison County Educational Therapy Center; and Cindy Galvinsky of Coordinated Youth and Human Services in Granite City.

Mehan said the trend in the legal system is to certify juveniles as adults in criminal matters.

Both he and Maher said the number of cases they are dealing with are increasing dramatically.

"I've seen a tremendous increase in juvenile violence," Maher said. "I've seen a significant increase in violent offenses at school, and by the time they get to us, they've already been in a considerable amount of trouble."

"I've seen kids 12 and 13 years old who, if they are going to school, are getting absolutely nothing out of it and are causing trouble for other students," she continued.

Maher said by the time those students are 17, they will have no job skills, and will probably be in prison.

Hightower said students were bringing society's problems into the schools.

"We're seeing a growing number of students who are bringing problems to school," he said. "Teachers are ill-equipped to deal with the problems students are bringing in."

He said alternative schools are necessary to help those students.

"We need to look for avenues to address the needs of students who cannot function in a normal classroom setting," he said. "Each student has needs that must be met."

Tom Thompson, a retired principal from Alton High School, said he was recently in a restaurant when one of the students from the district's alternative education program came up to him and asked Thompson to meet his family.

He cited several other cases where students from the alternative programs told him how much they appreciated it.

"I could go on and on and tell stories about kids I've met," he said. "It was because of the break they feel they got (in the program)."

While much of the talk centered around junior and senior high school students, many of

those attending the hearing said something needs to be done at an earlier age.

"Junior high and high school is a little late," said Paula Bouck, principal at Dorris School in Collinsville. "We have kindergarten students who are already doing things that would make you blush."

Wilbert Glasper, a member of the Venice School District board, said there might be a need to "put the basics back in," meaning the paddle.

"It worked for me, and I was not a bad kid," he said.

Briggs said that society has changed its opinion on corporal punishment, and Hightower said the schools need to start teaching respect.

Most school districts have some form of alternative education, Briggs said. For Granite City, Madison and Venice schools, this is CVIS. He said the cost of a countywide program could run several hundred thousand dollars.

Briggs' office started a small program at the Educational Therapy Center last year.

Although officials have not looked at specifics, because of the size and population of the county, they would probably consider two or three sites, Briggs said.

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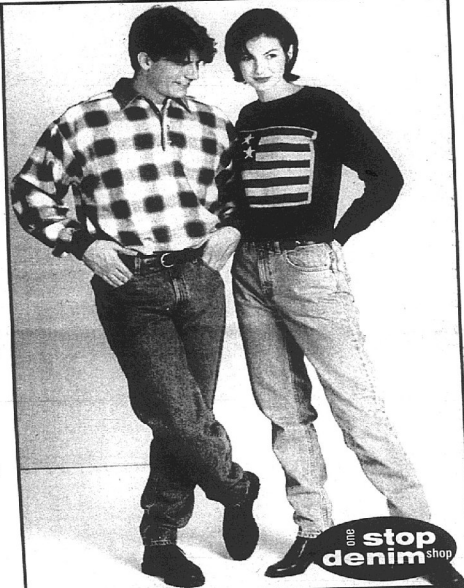
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Early Pregnancy Class

This class addresses questions that all expectant couples have concerning the early months of pregnancy. You will learn about baby's growth and development, physical and emotional changes during pregnancy, nutrition for a healthy pregnancy, the breast or bottle-feeding decision and preparing for childbirth. Classes meet from 7 to 9 p.m. on the first Monday of every other month beginning in January. Call 257-5649 to register.

Prepared Childbirth Classes

This series of four classes provides information about the labor and delivery experience as well as the birthing options available at Memorial Maternity Center. Participants are encouraged to register before the fifth month of pregnancy and attendance is limited to those delivering at Memorial Maternity Center. There is a \$25 per couple

fee. Call 257-5855 for class dates and times.

Childbirth Overview Class

This class provides first-time parents with an overview of the birth experience at Memorial Maternity Center. Labor, delivery and rooming-in options will be discussed. This class, limited to those who will deliver at Memorial Maternity Center, is held from 7 to 9 p.m. on the first Wednesday of each month. \$5 per couple fee. Call 257-5855 for exact times and dates.

Childbirth Refresher Class

The Childbirth Refresher Class is designed to give experienced parents updated information about the latest trends in labor, delivery and newborn care. Limited to those who will deliver at Memorial, this class is held from 7 to 9 p.m. on the first Monday of the month. \$5 per couple fee. For more information, call 257-5855.

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Cesarean Birth Class

This class will prepare you for the cesarean birth experience. A video presentation and discussion will help you prepare for your planned cesarean section. Held on the fourth Tuesday of every other month from 7 to 9 p.m., there is a \$5 per couple fee. For more information, call 257-5855.

Prenatal Breastfeeding Class

This class is designed to provide information to those who are considering breastfeeding their baby. The class meets from 7 to 9 p.m. on the second Wednesday of every month. For more information, call 257-5855.

Breastfeeding Help for New Mothers

This service addresses concerns you may have about breastfeeding after you're discharged from the hospital. Information and support will be provided for those crucial early days and weeks of nursing a newborn. There is no fee for this service, and babies are welcome. Call 257-5855 to contact the nurse educator or to schedule a help session.

Baby Care and Parenting Classes

This two-session program teaches you how to care for, play with and protect your infant from birth to age 12 months. Topics presented

include: newborn care, infant feeding, baby bathing, when to call the doctor, home and toy safety, returning to work, finding a good babysitter and traveling with baby. Held from 7 to 9 p.m. on the third and fourth Wednesday of every month, this class has a \$5 per couple fee. Call 257-5855 to register.

Sibling Class

Memorial Maternity Center offers a Sibling Class to make it easier for big brother and sisters to prepare for and accept a new baby. This class is designed for children ages 3 through 12 and meets from 7 to 8:30 p.m. on the first Monday of each month. Limited to children whose sibling will be born at Memorial Maternity Center. \$2 per child fee. Class size is limited and reservations are requested. Call 257-5855.

Grandparents Class

This class acquaints grandparents with recent changes in childbirth and infant care practices. It discusses what it means to be a grandparent in today's world — how grandparents can positively support and influence their children and grandchildren. The class meets from 7 to 9 p.m. on the first Monday of every other month beginning in February. Class size is limited and reservations are requested. To register, call 257-5855.

Obituaries



Charles Tilson

Charles "Tom" Tilson, 63, of Granite City died at 9:07 p.m. Thursday, Nov. 2, 1995, at his residence, following a six-month illness. He was born May 16, 1932, in Drew, Miss., and had been a resident of Granite City for 45 years.

A millwright with Granite City Steel for 30 years, he was a member of Musicians Local 717 and United Steel Workers Local 30. He was of the Protestant faith.

Survivors include his wife, "Dolly" (Hewitt) Tilson, whom he married in 1970; two sons, Phil Vincent of Highland, Robert Tilson of Collinsville and Billy Joe Tilson and Robert Wayne Tilson, both of Greenville, Miss.; four sisters, Nadine Earhart of Collinsville, Janet Minor of Centralia, Sue Hicks of Brandon, Miss., and Bobbie Jean Moore of Greenville, Miss.; 13 grandchildren; and nine great-grandchildren.

He was preceded in death by one son, Edward Tilson, who died in 1985; and his parents, Robert and Nina (Ferguson) Tilson.

Services were Monday at Werner Chapel for Funerals in Pontoon Beach with the Rev. Henry Crispin officiating. Burial was in Brookshire Cemetery in Flat, Mo.

Memorials are requested for the Hospice of Southern Illinois Inc.

Monday, Nov. 6, 1995, at his residence. He was born June 11, 1924, in St. Louis.

An industrial engineer in the maintenance division with Granite City Steel for 23 years, he was a World War II Navy veteran.

Survivors include his wife, Pauline (Hoffman) Kamblitch; one son, Drake J. Kamblitch of Cape Girardeau, Mo.; one daughter, Joann Kamblitch of Springfield, Ill.; and one grandson.

He was preceded in death by his parents, Joseph B. Kamblitch Sr. and Blanche (Redden) Kamblitch.

Services are at 11 a.m. today, Wednesday, at Irwin Chapel, 3960 Maryville Road in Granite City, with the Rev. William Fisherkeller officiating. Burial will be in Lake View Memorial Gardens in Fairview Heights.

Margaret Lisac

Margaret (Fletcher) Lisac, 81, of Granite City, formerly of Brookfield, Mo., died at 12:05 a.m. Tuesday, Oct. 31, 1995, at Eden Retirement Center in Glen Carbon. She was born Nov. 7, 1913, in Brookfield and had been a resident of Granite City for 63 years.

A bookkeeper with Vic's Auto Body for 17 years prior to her retirement in 1985 and a homemaker, she was of the Baptist faith.

Survivors include one son, Johnny Lisac of Collinsville; one daughter, Fran Burkhart of Margate, Fla.; one sister, Frances Lee Davis of Pueblo, Colo.; two granddaughters; and four great-grandchildren.

She was preceded in death by her husband, Vessel Joseph "Vic" Lisac, whom she married April 27, 1935, and who died April 15, 1995; her parents, Lee and Carrie Louise (Tabler) Fletcher; and two sisters, Louise Wosnick and Madge Bailey.

Services are at 9 a.m. today, Wednesday, Nov. 8, at Irwin Chapel, 3960 Maryville Road in Granite City, with the Rev. Steven B. Hurd officiating.

Graveside services and burial will be held at 3 p.m. today in St. Bonaventure Cemetery in Marcelline, Mo.

Memorials are requested for the National Kidney Foundation of Illinois or the American Cancer Society.

Kevin D. Lewis, 39, of Pontoon Beach died at 12:10 p.m. Friday, Nov. 3, 1995, at St. Elizabeth Medical Center, following

a two-week illness. He was born Feb. 16, 1956, in Granite City and had been a lifelong resident of the area.

A security guard with Belleville Area College, he was of the Baptist faith.

Mr. Lewis survived by his mother, Dorothy (Smith) Lewis of Pontoon Beach.

He was preceded in death by his father, Riley Luke Lewis.

A memorial service will be held at 7 p.m. Friday, Nov. 10, at Johnson Road General Baptist Church, 2033 Johnson Road in Granite City.

Arrangements are being handled by Werner Chapel for Funerals in Pontoon Beach.



Mary Hughes

Mary Jane (Browning) Hughes, 81, of Glen Carbon died at 2:50 p.m. Sunday, Nov. 5, 1995, at her residence after being ill for several months. She was born Feb. 4, 1914, in Granite City and had been a resident of the area for most of her life.

Mrs. Hughes was a member of Calvary Pentecostal Assembly in Granite City.

Survivors include her husband, William Hughes Sr., whom she married April 11, 1939, in Granite City; one son, William Hughes Jr. of Glen Carbon; five daughters, Sheila Deconcini, Cindy Hughes and Debbie Aljeman, all of Glen Carbon; Barbara Borage of Edwardsville; one brother, Marshall Willis of Indiana; four sisters, Joan Blackburn of Carlinville, Ill., Ruth Hinkle and Sharon Hartline, both of Granite City, and Carol Ann Crick of Sonne Terre, Mo.; and seven grandchildren.

She was preceded in death by her parents, Jessie and Leona (Singclair) Browning.

Services are at 10 a.m. today, Wednesday, at Calvary Pentecostal Assembly, 4650 Maryville Road in Granite City, with the Rev. Harold Maynard officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon. Arrangements are being

handled by Thomas Memorial Mortuary in Granite City.

Memorials are requested for the American Diabetes Foundation.

Henry Lee Phillips, 49, of St. Louis died Tuesday, Oct. 31, 1995, at St. Mary's Hospital in Clayton, Mo. He was born Aug. 18, 1946, in Leland, Miss., and had been a resident of St. Louis since 1950.

Employed with Vitro Company in St. Louis, he attended public schools in St. Louis and confessed his faith in Christ at an early age.

Survivors include his wife, Shirley (Collins) Phillips, whom he married March 4, 1977; one son, Dwayne Stevenson of St. Louis; three daughters, Tywana Stevenson of St. Louis and Andrea and Monique Phillips, both of Venice; one brother, John Henry Phillips Jr. of St. Louis; three sisters, Mary Mayes, Sarah Glover and Bobbie Hopkins, all of St. Louis; and six grandchildren.

He was preceded in death by his parents, Mr. and Mrs. John Henry Phillips.

Services were Nov. 4 at True Fellowship Baptist Church in Madison with the Rev. L.D. Tate officiating. Burial was in Oakdale Cemetery in St. Louis.

Henry Phillips

Henry Lee Phillips, 49, of St. Louis died Tuesday, Oct. 31, 1995, at St. Mary's Hospital in Clayton, Mo. He was born Aug. 18, 1946, in Leland, Miss., and had been a resident of St. Louis since 1950.

Employed with Vitro Company in St. Louis, he attended public schools in St. Louis and confessed his faith in Christ at an early age.

Survivors include his wife, Shirley (Collins) Phillips, whom he married March 4, 1977; one son, Dwayne Stevenson of St. Louis; three daughters, Tywana Stevenson of St. Louis and Andrea and Monique Phillips, both of Venice; one brother, John Henry Phillips Jr. of St. Louis; three sisters, Mary Mayes, Sarah Glover and Bobbie Hopkins, all of St. Louis; and six grandchildren.

He was preceded in death by his parents, Mr. and Mrs. John Henry Phillips.

Services were Nov. 4 at True Fellowship Baptist Church in Madison with the Rev. L.D. Tate officiating. Burial was in Oakdale Cemetery in St. Louis.

Memorials are requested for the American Diabetes Foundation.

Benefit dance, auction Saturday

The Tri-Cities Area Association for the Handicapped is holding a benefit auction and dance from 8 p.m. to midnight Nov. 11 at the Eagles Hall, 2558 Madison Ave. in Granite City. Music will be provided by the Herb Eberle Band. The auction will be held during intermissions with Dick Oliver at auctioneer. An open bar will be available.

Tickets are \$5 per person and available at the door or by calling 787-0527. Anyone wishing to donate new items for the auction may call or bring it to the auction.

Arson

(Continued from Page 1A)

husband was visiting his father in Hannibal, Mo., and that the children were staying with other relatives.

The doors to the house were locked when firefighters arrived, according to a police report.

Hummel could not give a detailed description of the suspect because a hood on his sweatshirt concealed his face, she told police.

Police are investigating the fire as an arson, Assistant Police Chief Kip Pomeroy said.

Rams Express buses slated

The Bi-State Development Agency has announced two express routes for St. Louis Rams fans who want to ride the bus to games at the new Trans World Dome.

The Alton Express route will go from Alton Square through East Alton, Wood River and Granite City. The Edwardsville-Collinsville Rams Express will go from Edwardsville to Glen Carbon, Maryville and Collinsville.

For noon games, the Alton Express will leave Alton Square at 10 a.m. and arrive at the dome at 11:15 a.m. Stops will be at the Alton Holiday Inn — 10:05 a.m., Eastgate Plaza — 10:20 a.m., Wood River — 10:30 a.m., and Granite City — 10:55 a.m. For 3 p.m. games, the bus will leave Alton Square at 1 p.m.

The Edwardsville-Collinsville Rams Express will leave Second and High streets in Edwardsville at 10:10 a.m. and arrive at the dome at 11:15 a.m.

Stops will be Cottonwood Mall — 10:25 a.m., the Maryville Park-Ridge lot — 10:40 a.m., and the Gateway Convention Center — 10:55 a.m. For 3 p.m. games, the bus will leave Edwardsville at 1:10 p.m. and arrive at the dome at 2:15 p.m.

One-way fare is \$1.25, or \$2.50 for a round-trip. The arrival and departure locations for the Illinois Rams Express buses in St. Louis is east of Cole Street under the I-70 viaduct just west of the Dr. Martin Luther King Bridge.

Bi-State employees will staff the location to assist and direct Illinois customers to their buses. Rams Express buses will also display destination signs.

The routes will be in operation for the Nov. 12 and Dec. 10, 17, and 24 games.

All except the Dec. 24 game against Miami are at noon. That game begins at 3 p.m. For information call the 24-hour Bi-State customer hot line at 482-8200.

Appeal

(Continued from Page 1A)

Opponents of the plant are seeking to have the siting overturned.

In September, the Madison City Council approved the siting of the plant, to be developed by Metro East LLC, a subsidiary of the Connecticut-based STRV LLC. Public hearings on the plant siting were held in late July.

The plant would burn waste wood and coal to produce electrical energy.

The three issues brought up in the appeal are the siting criteria, fundamental fairness and jurisdiction.

The state requires developers to meet nine criteria before allowing the siting. Those criteria include the necessity of the plant for safety, safety and environmental factors.

The fundamental fairness question deals with whether opponents were given a fair chance to present their case against the plant siting.

The jurisdictional questions revolve around two complaints — that residents of the nearby Cloverleaf subdivision were improperly notified about the public hearing on the plant in late July and that no complete application was on file for inspection at the Madison City Hall.

The appeal also questioned a trip made by several aldermen to examine plants in Michigan. The appeal claimed the trip was a violation of the Illinois Open Meetings Act.

Opponents of the plant said at the public hearings in July that most of their hopes would be on the fundamental fairness and jurisdictional appeals. Jim Beneman of the Sierra Club said at that time that only one siting had been overturned in Illinois based on the criteria.

Cross said that in most appeals all three questions are raised, but "a lot of times they come down on fundamental fairness."

Developer Michael Vrtis said all the issues were dealt with at the public hearing, but if the appeal was successful his company would simply refile, reintroduce the testimony from the first hearing and correct any problems.

The board's decision can be appealed through the court system.

Station

(Continued from Page 1A)

been "trapped" in air pockets under the clay-like soil on the site. When the groundwater table rises, they have said, it can release that gasoline from its trapped state.

Jeneau said that the groundwater table has risen about a foot since testing was done in early May. No free product was detected during the May sampling.

Engineers have also considered the possibility that the seemingly new contamination is coming from off-site. Testing has indicated that a gasoline service station across Madison Avenue from the fire station is not the source for the gasoline.

But testing is expensive and city leaders are hesitant to define the area of contamination beyond the city's property. If the city is found to be the source of contamination, then it will be deemed responsible to pay for the cleanup.

The City Council's Planning, Zoning and Engineering Committee has contacted an Alton environmental engineering company about the possibility of attempting a cleanup utilizing a method different from the one currently utilized by SOY.

SOY has been treating the soil at the fire station with "bugs" — enzymes known to "eat" the chemicals left behind by gasoline residue.

The Alton company proposes a method commonly referred to as "pump and dump" — flushing the entire site with water, removing the water and treating it to remove the residual chemicals, and discharging the waste into the city's sewer system.

"Everybody has a different approach. Hopefully, somebody will come up with a plan that will work," Jeneau said.



Crafts fair Sunday
The Garden Club of Holiday Shores is sponsoring a Fall Arts and Crafts Fair on Sunday from noon until 4 p.m. at Holiday Shores Clubhouse at 1 Holiday Point Parkway.

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Upcoming Health and Wellness Programs

■ **LIVING WILL Program, Tuesday, November 14, 2-3:30 p.m.**
Presented by hospital medical director, Harold Harsin, M.D., and attorney Michael Nester of the law firm of Donovan, Rose, Nester and Szewczyk, who will discuss the living will and durable power of attorney. This special program is offered by the hospital's Unity Advantage for seniors. Call extension 1575.

■ **HEALTH SCREENING by appointment, Wednesday, November 15, from 5-7 p.m.** Cholesterol - \$8; Body Fat - \$10; Both for \$15. Free blood pressure checks. Call extension 1156 for an appointment.

■ **SKIN CANCER SCREENING, Tuesday, November 21, appointments begin at 6:30 p.m.** Exams by Dr. Amorn Salyapongse, plastic surgeon, and Dr. Steven Musick, dermatologist. No charge. Call extension 1575.

To register call 234-2120 and the extension shown above.



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Holbrook in local offices today

State Rep. Tom Holbrook will hold open office hours today, Wednesday, at his district office in Granite City from 10 to 11 a.m. The office is located at 1310 Niedringhaus Ave. Later in the day, Holbrook has scheduled open hours from 1 to 2 p.m. in the Nameoki Township Hall, 4250 Illinois 162.

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Poetry Contest — \$24,000 in Prizes

The National Library of Poetry to award 250 total prizes to amateur poets in coming months

Owings Mills, Maryland — The National Library of Poetry has just announced that \$24,000 in prizes will be awarded over the next 12 months in the North American Open Amateur Poetry Contest. The deadline for entry into the contest is November 30, 1995. Another contest begins December 1, 1995. The contest is open to everyone and entry is free. "We're especially looking for poems from new or unpublished poets," indicated Howard Ely, spokesperson for The National Library of Poetry. "We have a ten year history of awarding large prizes to talented poets who have never before won any type of writing competition."

Possible Publication
Many submitted poems will also be considered for inclusion in one of The National Library of Poetry's forthcoming hardbound anthologies. Previous anthologies published by the organization have included *On the Threshold of a Dream*, *Days of Future's Past*, *Of Diamonds and Rust*, and *Moments More to Go*, among others. "Our anthologies routinely sell out because they are truly enjoyable reading, and they are also a sought-after sourcebook for poetic talent," added Mr. Ely.



The Contest of the Poets, featured above, is one of the National Library of Poetry's previous anthologies.

How To Enter
Anyone may enter the competition simply by sending in ONLY ONE original poem, any subject, any style to:
The National Library of Poetry
11419 Crownridge Drive
PO Box 704-6164
Owings Mills, MD 21117
The poem should be no more than 20 lines, and the poet's name and address must appear on the top of the page. Entries must be postmarked by November 30, 1995. "Each poem received will be acknowledged, usually within seven weeks," indicated Mr. Ely. Every poet who enters will receive an evaluation of their artistry.

BASKETBALL

The Granite City Park District men's basketball leagues are now being formed.

Page 2B

FOOTBALL

The third annual Thanksgiving eight-man flag football tournament is Nov. 24-26.

Page 2B



Art Voellinger

Arizona League has pro talent

If you thought the World Series marked the official conclusion of the 1995 baseball season, consider the Arizona Fall League for professional players.

It runs from Oct. 5 to Nov. 30 with a best-of-three playoff series scheduled for the winners of the Northern and Southern divisions Dec. 1-3.

And, as you might suspect, the league has local ties, including outfielder DaRonch Stovall, the former three-sport athlete at Alibon currently under contract with the Montreal Expos and playing in Mesa, Ariz.

"He wasn't too pleased in having to go back to the Florida State League last summer," DaRonch's dad Don said recently.

Involved in that trade that brought pitcher Ken Heisey back to St. Louis prior to the '95 season, DaRonch had reached the Cardinals' 40-man roster after hitting 15 home runs, 20 doubles and six triples and driving in 69 despite a .223 batting average at St. Petersburg of the Class A Florida State League.

Plagued by strikeouts at St. Pete with 154 in 507 at-bats in '94, Stovall fanned 117 times in 461 at-bats for the Expos' West Palm Beach team while batting .232 with 22 doubles, two triples, four home runs and 51 RBIs.

A switch-hitter with speed (.24 stolen bases in '94 and 18 in '95), Stovall, at age 22, carries the potential major league organizations seek.

IN ARIZONA, Montreal not only will have close scrutiny of DaRonch during a 51-game season but also see how he handles competition that will include 39 players with major league experience.

Recognized last fall due to the presence of Michael Jordan, the Arizona League had more to show than an attendance of 115,000 in that it continues to develop big league talent.

In three years, the AFL has helped produce 164 major leaguers, including Mike Piazza (Dodgers) and Ryan Klesko (Braves).

With Stovall at Mesa will be former first-round draft choice third baseman Antonio Williamson of Milwaukee.

"There are players from several organizations on each team," explained Don Stovall of the six-team league.

Managed by Bruce Kinnam of the Cubs, the Mesa Saguaros have players from Montreal, Chicago Cubs, Cincinnati, Milwaukee and Florida.

In addition to Mesa, the league includes Phoenix, Sun City, Peoria, Scottsdale and Tempe.

Sun City, managed by former Cardinals catcher Jamie Quirk, includes San Diego minor league infielder Homer Bush, a former East St. Louis Senior.

Football-baseball star who has excelled wherever he has played, including Australia. Last season at Memphis, Tenn., of the Class AA Southern League, Bush hit 280 with 12 doubles, five triples, five home runs, 37 RBIs and 34 stolen bases.

Bush's teammates include pitcher Allan Bates, a former No. 1 pick of the Cardinals, who also have pitcher John Frascatore, infielder David Belle and first baseman-outfielder Mark Sweeney at Peoria.

EXTRA INNINGS: For interested baseball addicts, the Prime network of cable television will broadcast several Arizona League games.

Cardinals pitcher T.J. Mathews of Columbia was on the 40-man roster with Stovall and then advanced from Louisville to an impressive major league debut with 28 strikeouts in 29½ innings. A reliever with a 1-1 record and two saves, the 25-year-old right-hander continues to spend part of the offseason in Las Vegas where he works on conditioning at his alma mater, the University of Nevada-Las Vegas.

Yurkovich: No slouches in this league

By Rob Raphael
Staff writer

With the hockey season fast approaching, the Granite City Warriors are fine tuning their game in anticipation of another great season.

After a pre-season tournament in Chesterfield two weeks ago, the team played its first practice game against St. Charles West last Monday at Wilson Park. West, a new team in the league this year, is rejoining the Mid-States Association after a few years away from the league.

Hockey

Apparently, the Warriors figured it would be easy for them on Monday.

Granite City got off to a 2-0 lead, then eased up and found themselves down 3-2 after a penalty-shot goal by West. But the Warriors got back on track, and the offense took over in an 8-3 win over West.

"Once we got the lead, we got careless," said Warrior coach Dave Yurkovich. "The players were thinking that with a new team, it wouldn't be much of a challenge. But they found out that there are no slouches in this league."

The Warriors, still experi-

menting with their combinations, went with three lines at forward and switched six defensemen in and out of the lineup. Yurkovich made sure both of his goaltenders, Jim Conrad and Tony Evans, each saw plenty of action.

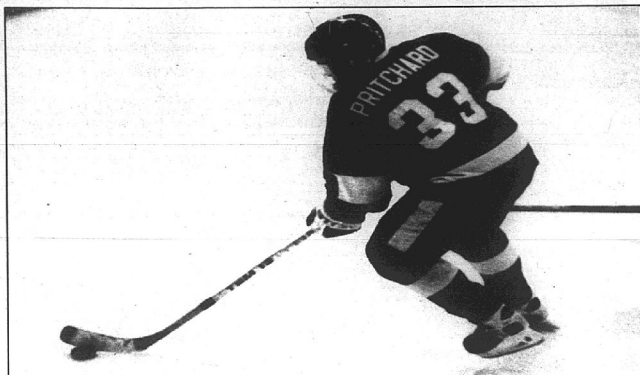
Yurkovich went with a No. 1 line of sophomore Bobby Pritchard centering senior wingers Clint Phelps and Kevin Nenninger. That line combined for seven points on the night.

The No. 2 line on Monday had junior Mikel Guffey at center surrounded by sophomore Bryan Lofus and senior Aaron Reeves. The Guffey line combined for seven points on the night as well.

The third line featured junior David Miskelley at center, with Bobby Harris (sophomore) and John Burns (freshman) on the wings. But Burns was injured in the second period, and winger Todd McQueen came in and filled in well.

On defense, senior Chris Angle led the way with an unassisted goal. Also playing well on the back line were senior Travis Scroggins and junior Brian Johnson.

"Those three are my mainstays at defense," Yurkovich said. "But we got good help from our swing players back



(Photo by T.W. MILLER)

Sophomore Bobby Pritchard scored twice for Granite during the Warriors' 8-3 win over St. Charles.

there: Len Wilson, Jared Brown and Bobby Scott. We're trying to mix the younger players with the experienced players. We stayed at home, and (See HOCKEY, Page 2B)

GC places well in tournament

By Rob Raphael
Staff writer

Although the Granite City wrestling season is still a few weeks away, the wrestlers already appear to be rounding into form.

A metro St. Louis tournament was held on Saturday, Oct. 28 at Forest Park Community College. Wrestlers were grouped into four divisions, ranging from the sixth grade and under up to 12th graders.

Many wrestlers who will be on the high school teams participated, as well others who will not doubt be mainstays on the local GC Wrestling Club.

In the 11-12 grade division, Granite City's Jeff Estrada was crowned champion in his class, while John Venne and Jonas Janek each placed second in their classes. David Thompson also wrestled well, finishing fourth.

In the 9-10 grade division, John Kelly and Kevin Venne each placed first in their class, as did Gary Oxford. Justin Hale was fourth in his class.

In the 7-8 grade division, George Kirgan placed first in his class, and Fred Beyrau placed third. Finally, in the sixth grade and under class, four more Granite City wrestlers

placed. T.J. Moore and Austin Waggoner each placed second, while Pat Feigenbutz was third and Tom Tedesco was fourth.

Wrestling

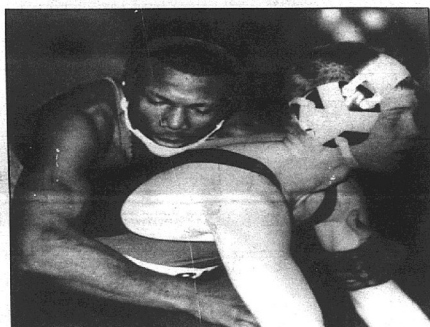
Four other Granite City wrestlers competed well at the competition but did not place. They were Chris Strain, Matt Levart, Dave Bannan and Brian Nelson.

"It was a good start to the wrestling season, no doubt about it," said Allen Kirgan, who accompanied the wrestlers to the competition. "There were about 600 kids there, so there was plenty of competition."

Each division also had a "most pins" competition, and many of the GC wrestlers did well there, also. Estrada won that competition in the 11-12 grade division, and George Kirgan was the winner in the 7-8 grade division.

Wrestling practice began this past Monday for high school teams, and the Warriors first match is Nov. 21.

The GC Wrestling Club is also beginning to put their upcoming season together. Signups (See WRESTLING, Page 3B)



(Photo by T.W. MILLER)

Warrior John Venne (right).

Maroons spikers head to state

By Scott Marion
Staff writer

After a one-year absence, the Belleville West volleyball team is headed back to the state tournament.

The Maroons (29-11) beat Decatur Eisenhower 15-5, 15-6 Saturday in the Collinsville Class AA Super-Sectional and will play a state quarterfinal game at 6 p.m. Friday against Chicago Mother McAuley at Redbird Arena in Normal.

Eisenhower had defeated Granite City last week to advance to the super-sectional game.

"The kids were on tonight," said West coach Charles Rodman. "They played defense well, blocked well and picked the ball up. Our serving wasn't great, but it was better."

The Maroons looked much sharper than they did in a 15-9, 15-6 victory over Waterloo two nights earlier in the sectional finals at Centerville.

"We knew (Eisenhower) was going to be a stronger team, so we had to stay focused," said junior outside hitter/setter Lindsay Rust. "We knew it wasn't going to be easy."

Eisenhower entered the match with a 33-5 record, but West dominated from the start. "It's an advantage to play the best and go to places where you know you have to play at another level," Rodman said. "The strength of our schedule is an important thing."

"We didn't get any rhythm at all tonight," said Eisenhower coach Mike Wilkes. "They're quite a bit taller than us, but that's not an excuse, it's just a fact. Number 10 (Maroons senior middle blocker Sarah Emke) really hammered the ball. If you don't get a touch off her hits, their offense is quite potent."

Volleyball update

Emke, who led West with 10 kills, didn't take long to establish the tone of the match. Her ace serve gave the Maroons a 7-2 lead in the first game and they increased their lead to 9-2 behind the serving of Kelly Orsa. An ace by Rust and a block by Emke made the score 13-4.

West closed out the game with Orsa serving, on another ace and a kill by junior Staci Klem.

"I thought one of the keys, especially early, was that they were getting blocks around the net," Wilkes said. "We weren't doing a good job with our offense. It was not strong like it has been in the past."

In the second game, the Panthers got within two points (6-4), but the momentum shifted back to the Maroons on an ace serve by Klem. With Rust serving, West increased its lead to 10-4, with Emke adding another kill.

(See SPIKERS, Page 3B)



(Staff photo by JOHN FRES)

Edwardsville's Andy Peck (left) battles Granite's Mark Mendenhall. EHS won over GC in the sectionals.



From left, Gary Graville of Granite City, Pat Patterson and Tom Voloski, both from Madison; and Jim Stanley of Granite City.

Locals win big in powerlifting

On Oct. 21-22, the World Drug-Free Powerlifting Federation (WDFPF) held its World Benchpress Championships at the Stouffer's Concourse Hotel in St. Louis.

The event, which included lifters from as far away as Belgium and Australia, featured many of the best benchpressers in the world. Along with other countries, many athletes from local cities were present, including the Metro East area. Athletes competed in 11 weight classes, ranging from 114 to over 275 pounds.

(See POWERLIFT, Page 3B)

Tigers fall to Palatine

By Brian Bretsch
Staff writer

Edwardsville High's storybook soccer season ended two pages shy of a happy ending.

The Tigers rewrote the school's record book in becoming the first team in EHS history to reach the state tournament.

After posting wins over Granite City and Highland in the sectionals, a win over Palatine in the state quarterfinals on Friday would have assured the Tigers a top four finish among Illinois' best teams this season.

However, defender Tom Rooney leaped high into the air to head Matt Abhalter's throw-in past EHS keeper Brian Stark with the game winning goal at 68-09. Palatine won the game 2-1 and eliminated the Tigers (21-5-2) from the tournament.

EHS coach Mark Schwarzkopf said the coaches at the state tournament said the Met-

ro-East area must have been down this season because traditional powers Granite City or Collinsville didn't represent Southern Illinois.

Soccer update

"I think we earned a little bit of respect not just by coming up here, but by scoring the first goal in the game," Schwarzkopf said. "I think that shocked Palatine."

Senior midfielder Justin McFarland scored the Tigers' lone goal. McFarland ripped a shot toward the net with 6:43 remaining that beat Palatine keeper Chris Jamel.

"I looked up and saw one guy in front of me," McFarland said. "I had the shot so I went ahead and took it."

Schwarzkopf said he knew it would take more than one goal from the Tigers to win the game. Palatine was keeping (See TIGERS, Page 3B)

SPORTS

•Hockey—

(Continued from Page 18)
played very well."

Also scoring goals for Granite City on Monday were Pritchard (twice), Guffey, Nenninger, Reeves, Phelps and Loftus. Besides his goal from the defense, Angle added an assist; and Guffey added a pair of assists.

The Warriors' first practice game at home was Monday at Wilson Park.

The Mid-States Hockey Association is celebrating their 25th Anniversary this season. Special anniversary pucks will be used, and special events can be expected all year.

The Warriors have once again been switched around in the league's Tier II. This season, there will be three divisions in the tier, with the Warriors in the White Division. Also in that division are Hazelwood East and West, McCluer and McCluer North, and Pattonville.

(Photo by PAM DOEFKE-HURD)
Chris Angle in action last season.

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All-Southwestern Conference teams

FOOTBALL

First Team — Offense
Center: Nathan Hodel (Sr.), Belleville East; Guards: Donald Terry (Sr.), East St. Louis Sr.; Mario Turner (Sr.), Belleville East; Tackles: Monte Williams (Sr.), Belleville East; Demarcus McCotter (Sr.), East St. Louis Sr.; Tight End: Bob Ellis (Sr.), Granite City.
Wide Receiver: Javar Holman (Sr.), East St. Louis Sr.; Rob Jackson (Sr.), Belleville West.
Running Backs: Kevin Beard (Sr.), Belleville West.
Quarterback: Lawan Powell (Sr.), East St. Louis Sr.
Place Kicker: Jim Krause (Sr.), Belleville East.

First Team — Defense
Defensive Line: Chris Janek (Sr.), Granite City; Andy Dahm (Sr.), Belleville East; Anthony Ostendorf (Sr.), Collinsville; Adrian Jones (Sr.), East St. Louis Sr.; Rico Dunn (Sr.), Belleville East; Matt Kelahan (Sr.), Granite City; Jon Riley (Sr.), Collinsville; Derrick Clay (Sr.), East St. Louis Sr.; Ima Crowder (Sr.), Belleville West.
Defensive Backs: Chad Fuhrhop (Sr.), Belleville East; Keith Ward (Sr.), Collinsville; Tyrone Dew (Sr.), East St. Louis Sr.
Punter: Dan Classen (Sr.), Belleville East.

Second Team — Offense
Center: Ryan Rolke (Sr.), Granite City.
Guards: Ryan Ferson (Sr.), Collinsville; Terrance Bennett (Sr.), East St. Louis Sr.
Tight End: Chad Trice (Sr.), Collinsville; Austin Broadfoot (Sr.), Belleville West.
Place Kicker: Jim Pecararo (Sr.), Belleville East.
Wide Receiver: Alex White (Sr.), Collinsville; Rodney Session (Sr.), East St. Louis Sr.
Running Backs: Dan Classen (Sr.), Belleville East; Bill Niepert (Sr.), Granite City.
Quarterback: Kevin Harris (Sr.), Granite City.
Place Kicker: Dan Cruz (Sr.), Collinsville.

Second Team — Defense
Defensive Line: Shane Hopkins (Sr.), Collinsville; Perry Cox (Sr.), Belleville East; Marcus Ramsey (Sr.), East St. Louis Sr.; Terry Robinson (Sr.), Alton.
Linebackers: Jim Pecararo (Sr.), Belleville East; Dan Cruz (Sr.), Collinsville; Shaun Stinnett (Sr.), Collinsville; Eddie Johnson (Sr.), East St. Louis Sr.; Ran Able (Sr.), East St. Louis Sr.

Defensive Backs: Bob Smith (Sr.), Collinsville; Jacob Lewis (Sr.), Belleville West; John Hataway (Sr.), Belleville East.
Punter: Dan Cruz (Sr.), Collinsville.

Honorable Mention — Offense
Center: Dwayne Haylock (Sr.), Collinsville; C.P. Lehr (Sr.), Belleville West; Chris Busch (Sr.), Granite City; Jason Hunter (Sr.), Belleville West; Bryan Franke (Sr.), Collinsville; Chris Janek (Sr.), Granite City.
Wide Receivers: Mike Tignorelli (Sr.), Collinsville; Jason Wood (Sr.), Granite City; Jena Heaven, Belleville East.

Running Backs: Alberto Saenz (Sr.), Collinsville; Jacob Deppe (Sr.), Collinsville; Frank Splight (Sr.), Belleville East; Alvin Howard (Sr.), Collinsville.
Quarterback: Rob Berger (Sr.), Collinsville; Tim Miller (Sr.), Belleville West; Jason Dunnam (Sr.), Belleville East.

Kicker: Rocky Smith (Sr.), Granite City.

Honorable Mention — Defense
Defensive Line: James Cates (Sr.), Collinsville; John Gardiner (Sr.), Granite City; Tim Duba (Sr.), Collinsville.
Linebackers: Jacob Deppe (Sr.), Collinsville; John Selliers (Sr.), Collinsville; Steve Schwartz, Belleville West.
Defensive Back: Roger Miller (Sr.), Collinsville.
Punter: Tim Miller (Sr.), Belleville West.

SOCCER

First Team: Jim Whisler, Alton; Aaron Ariola, Belleville East; Andy Brunner, Belleville East; T.J. Gratz, Belleville West; Ryan Davinroy, Belleville West; Darrin Compton, Collinsville; Derrick Kasper, Collinsville; Justin Bernack, Granite City; Steve Logan, Granite City; T.J. Thomas, Collinsville; Jon Heger, Belleville West (keeper).

Second Team: Tom Madder, Alton; Andrew Davis, Alton; Adam Snyder, Alton; Scott Mueller, Belleville East; Jimmy Humphrey, Belleville East; Ryan Martin, Belleville East; Chris Norbert, Belleville West; Matt Winkler, Belleville West; Jared Hendricks, Collinsville; Mark Mendenhall, Granite City; Dustin Floyd, Collinsville (keeper).

Honorable mention: Joe Roesch, Belleville West; Larry Scheller, Belleville East; Chasen Greenwood, Alton; Brian Lloyd, Granite City; Kyle Miller, Collinsville.

VOLLEYBALL

First Team: Sarah Emke, Belleville West; Jennifer Dallo, Belleville East; Reneeka Gause, East St. Louis; Jennifer Willis, Granite City; Emily Darr, Belleville East; Lindsay Rust, Belleville West; Andrea Fronchek, Collinsville.

Second Team: Denise McMillan, Granite City; Emilee Miller, Collinsville; Sherita Watson, East St. Louis; Melissa Hayden, Belleville East; Dawn McDonald, Belleville West; Lindsay Welter, Belleville East.
Honorable Mention: Lauren Cook, Collinsville; Jenna Wright, Granite City; Trevaughna Adams, East St. Louis; Shannon McLean, Belleville West; Tori Cox, Alton; Andrea Serwatka, Collinsville; Edwarda Kins Hughes, East St. Louis; Stephanie Brandt, Granite City; Joleen Card, Alton.

TENNIS

First Team — Singles: Kristian Haines, Belleville West; Jill Christensen, Belleville West; Sarah Hardison, Belleville East; Brea Phillips, Belleville East; Douglas Kim, Belleville West; Tricia Altmanberger and Allison Neubauer and Lindsay Stadelman, Belleville East; Jamie Eaker and Holly Hughes, Belleville East.

Second Team — Singles: Autumn Voth, Collinsville; Cindy Voth, Alton; Erin Keefe, Belleville West; Lindsay McMillan, Belleville East; Douglas Kim, Belleville West; Sarah Irwin and Jessica McKinney, Belleville West; Andi Pheil and Jackie Wilson, Belleville East.
Honorable Mention — Singles: Beth Hall, Alton; Nicole Pheig, Collinsville; Doublin: Cate Woltering and Courtney Kicelinski, Belleville East; Kelli Ricks and Jojo Ferguson, Belleville West.

GOLF

First Team: Brad Kutz, Belleville East; Brent Jackson, Belleville East; Phil Carveth, Belleville West; Tyson Brill, Collinsville; Greg Albertina, Collinsville; David Martin, Granite City.

Second Team: David Ward, Belleville East; Bob Phillips, Belleville East; Dan Johnson, Belleville East; Jeff Duke, Belleville East; Kevin Flynn, Belleville West; Nathan Shiver, Collinsville.
Honorable Mention: Brian May, Alton; Pat Schuman, Granite City; Brian Lorenz, Collinsville; Gary Reuter, Belleville West; Andy Chitwood, Belleville East.

Sports shorts

Flag football tourney
Budweiser will host its third annual Thanksgiving eight-man flag football tournament Nov. 24-26 in Belleville.
There will be two separate tournaments, for competitive and recreational level teams. Call 277-4090.

Men's basketball leagues
The Granite City Park Dis-

trict men's basketball leagues are now being formed. The leagues will be played on Wednesday and Thursdays at Grigsby Junior High and Prather Elementary Schools. The starting date for the program is Nov. 15. The entry fee is \$200 per team and can be paid at the Wilson Park office. Call recreation supervisor Ray Hoffman at 877-3058.

St. Louis Stars softball
The St. Louis Stars 18-under fastpitch softball team is seeking players for the 1996 season. Players should be interested in participating in a competitive select program.

The Stars are also looking for college-age players for its women's fastpitch team. For more information, call Hank at (314) 843-9633.

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FAMILY

Eagles 1126 update

The Eagles Auxiliary 1126 held its second meeting of October with Joanna Spencer, president, presiding. The Pledge of Allegiance was given by all 34 members in attendance.

A roll call of officers was taken. Sandra Tudor, outside guard, was unable to attend. Vincine Zerlan, secretary, read the minutes of the previous meeting, which were approved. An initiatory ceremony will be held at 7:30 p.m. Nov. 14 at the Eagles home, 2558 Madison Ave. in Granite City.

Correspondence was read from Ann Hardesty of Peoria, Kathleen Benda of Minnesota and Helen Presley of Granite City, who all sent their regrets that they will not be able to attend the past president's dinner and meeting.

The Grand Aerie sent a "No Goose Egg" sticker for the months of August and September. These will be added to the poster in the lobby of the Eagles home.

Rita Cuoco, District 7 secretary and treasurer, reported on the Wood River Auxiliary 2773's benefit auction held Oct. 29 for Emilie De Werff and family. Her husband, recently died of Alzheimer's and Parkinson's disease. De Werff is the district trustee.

The Springfield Auxiliary invited all members to attend the state officers' weekend Nov. 10-12. On Saturday, there

will be a pool tournament. Luncheon will be from 11 a.m. to 12:30 p.m. The ladies will meet at 2 p.m. and 6 p.m. There will be a banquet, following by entertainment.

The auxiliary will apply to the Grand Aerie for a grant for the Golden Eagle Education and Matching Fund. This grant will help to purchase reading materials in large print for the senior citizens to be donated to the local library.

Condolences were sent to Barbara Ramsey, Janet Hagauer, Virginia Condit, Emilie De Werff and Sharon Runion. The auxiliary voted to donate \$25 to the De Werff Fund.

The hostess for this month was Sandra Tudor and her committee. Ruth Jorgensen will be the hostess for the month of November.

Hilda Melton, pro tem conductor, escorted all past presidents into the meeting and they were given a gift at the altar. A ceremony was given in their honor.

Those attending were Mary Korsog, 1948-49; Hazel Pierson, 1949-50; Angie Buehler, 1950-51; Vera Johnson, 1959-60; Juanita Blevins, 1961-62; Florence "Puzz" Hagnauer, 1967-68; Helen Lipchik, 1968-69; Billie Schuler, 1974-75; Amelia Millie Weatherford, 1983-84; Gladys Freeman, 1985-86; Vincine Zerlan, 1985-86; Ellen Wallace, 1986-87; Florence "Flo" Stokes, 1989-90; Ruth

Jorgensen, 1990-91; Joanna Spencer, 1992-93; Barbara Modrusic, 1993-94; and Ann Pates, 1994-95.

The ritual team consists of Marian Lipscomb, pro tem president; Sue Allen, vice president; Ann Pates, junior past president; Mildred Boyd, chaplain; and Martha Thompson, inside guard. A candle was lit on the birthday cake for each member living or deceased.

Fifty-two members shared some of the highlights of their terms. The scrapbooks and publicity books were shared with the members. They discussed many fund times with all.

Prizes were won by Billie Schuler, Hazel Pierson and Barbara Modrusic. The plastic canvass basket and ladies' toiletries were raffled off. Vera Johnson and Millie Weatherford raffled off the Indian maiden and pumpkin made of plastic canvass.

Others in attendance were Dorothy Landfried, Elvirda Clas, Katie Kostoff, Lorraine Parkinson, Darlene Auran, Teresa Warren, Evelyn Ederle, Carol Miller, Sherri Wilson, Christine Stentler, Betty Taylor and Helen Mueller.

Kostoff, treasurer, thanked all for their cards she received when she recently had surgery on her hand.

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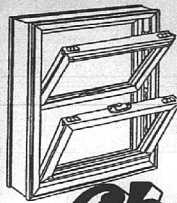
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MONDAY-FRIDAY 9-5

SATURDAY 9-12

OTHER HOURS BY APPOINTMENT

Briefly**Legion post
takes bus trip**

Members of the Venice-Madison Post 307 American Legion and Auxiliary held its annual bus trip to the Marion Veterans Administration Nursing Home and the Haven on Saturday, Sept. 30.

A program of country and western music and stories were presented by the Edgewood Opry Band of Edgewood, IL. Refreshments of bananas, cookies and fruit drink was served to the veterans and their guests.

A total of 307 members took a variety of gifts for the nursing home and hospital patients. These included jigsaw puzzles, crossword puzzle books, playing cards, men's magazines and paperback books.

Those attending from Venice-Madison were Betty Wallace, 307 unit president; Norma Hillmer; Pauline Mersinger; Marge Nunn; Yonee and Louis Passig; Juanita Williams; Bette Nugent; Mille and David Weatherford; Dolores Weis; Mary Hellinger; Joyce Pittenger; Regina and Florian Kavalozky; Stan and Anne Lapinski; Laveria Johnson and Dorothy Hinson.

From East St. Louis Post and Auxiliary were Mary Murphy, 22nd District president; and Vince Bunata.

The next bus trip will be to visit the Illinois Veterans Home in Quincy on Dec. 2. The bus will leave Post 307 at 8 a.m.

Dorothy Hinson, Co-chairman for Unit 307 for veterans affairs and rehabilitation, is in charge of these bus trips.

**AARP 1340 has
Halloween dance**

Approximately 150 American

Association of Retired Persons Chapter 1340 met at the Granite City Township Hall for their annual Halloween dance. Refreshments were served after which the members in Halloween costumes promenade as the winners were selected.

First prize went to the "Wizard of Oz" group, including the witch (Helen Hutton), the tin man (Marie Benson), the straw man (Eleanor Cook) and Dorothy (Mathilda York).

Second prize winner was Rosemary Breyer, dressed as a funny girl. The third-place prize went to Bobbie Pisarek, who was dressed as a matador.

Pauline Henson, president, made announcements regarding the 55 Alive driving course schedules at Belleville Area College and reminded the group that the Christmas dinner and dance tickets are on sale.

The remainder of the evening was spent in fellowship singing and dancing to the music of Jerry's Kids.

The special attendance prize of \$20 was won by Delphine Stone. Attendance prizes were also won by Pete Ferro, Bill Zinn, Dorthea Ashley, Dorothy Hafferty, Della Mason, Delores Bosworth, Helen Meyer, Barbara Dombrosky, Jacob Becker and Helen Soroka.

The next meeting will be a regular business meeting, followed by an evening of games.

**SEMC Alumnae
hold dinner meeting**

A dinner meeting of members of St. Elizabeth Medical Center Alumnae was held at Ravanelli's Restaurant on Oct. 19. Plans were made for the Christmas party, to be held at 8 p.m. Dec. 4 at Jerry's Cafeteria.

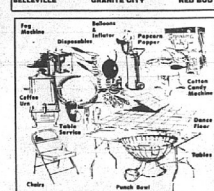
Those attending were Helen Gages, Alberta Rongey, Shirley Wendel, Frances Robbers, Marilyn Schooley, Ruth Smith, Isabel Cariss, Louise Pittman, Myrlene Kriz, Delores Stalecker, Marietta Jones, Pat Tapp, Maxine Carson, Ruth Novack, Ann Klarich, Ronnie Williamson, Jackie Haug, Leona Saboff, Alma Ryan, Dorothy Cruse and Genevieve Phillip.

The next meeting will be held at 7 p.m. Nov. 17 in Pascal Hall, located in the medical center.

Scaturro president

Tina Scaturro, a 1992 graduate of Granite City High School, will serve as president of both Kappa Lambda Iota and Sigma Zeta chapters at McKendree for the 1995-96 academic year. Scaturro is the daughter of Robert and Donna Scaturro of Granite City.

Scaturro, a senior at McKendree College, is a biology major. McKendree College, a prestigious student-centered institution founded in 1828, is located in historic Lebanon, just 30 minutes from downtown St. Louis. A traditional liberal arts college, McKendree is Illinois' oldest college and the oldest in the nation with continuous ties to the United Methodist Church.

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ENJOY BREAKFAST WITH A BOWL FULL OF JELLY.

It's been a year since they've seen the jolly old fellow. And they're already getting edgy. So take your kids to Breakfast With Santa, 9:00 a.m. on Saturday, November 18 at St. Clair Square in "The Square Meal" Food Court.

There will be plenty of entertainment—storytelling, magic, balloon sculptures. Then, after breakfast take them to Santa's majestic castle on the lower level in Center Court and take home a photo or videotape of the visit.

Breakfast tickets are \$3 each (does not include Santa photo or video) at the Customer Service Center. All proceeds go to the Marine Corps Reserve Toys For Tots Program. Seating is limited, so pick your tickets up as soon as possible. After all, you do want to see him shake when he laughs, don't you?

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ENTERTAINMENT

Horoscope

Wednesday, Nov. 8
Zippy vibes come with the Gemini moon and the impetus is gained by creative successes in the morning. Watch your step, though, or you'll fall into Pluto's pothole in the afternoon, especially in matters of law, long-distance travel and dealings with those from other countries. Flirting leads directly to a date — window shopping leads, directly to impulse purchases. So you've been forewarned.

ARIES (March 21-April 19)
Visit a relative across town, call on potential customers, and investigate job possibilities. You make a witty impression on potential lovers. A friendly tip may be better than professional advice now.

TAURUS (April 20-May 20)
A lovely friendship turns to love — surprise, surprise. Celebrate good fortune, it's been a long time in coming, but it's here at last. What sex extravaganza may not be what he or she gets. Avoid extremes, especially at dinner.

GEMINI (May 21-June 21)
You look good, feel good and need only stick to budget for time to work out fine. Job interviews are favored — a conservative approach works best. A new romance is blossoming — don't move too fast.

CANCER (June 22-July 22)
A blue mood passes quickly — there's a big weekend ahead, so rest up. Strike out on your own with a self-improvement goal. Find quiet time to assess gains, losses and how to handle your role in a delicate love matter.

LEO (July 23-Aug. 22)
An excellent effort made last month pays off. Continue to watch for creative opportunities — imagination is the ticket to success now. Experience helps you guide those younger. Follow your heart in romance.

TODAY'S BIRTHDAY (Nov. 8)
Your persuasive powers and romantic magnetism are enormous — use them on power brokers you meet in December and January. Love asks for commitment in March — the one you want wants you. In May, take expert advice and triumph. Ambition is the opportunity in July. A promotion in August is deserved. The more you learn in '96, the

brighter your future.
VIRGO (Aug. 23-Sept. 22)
Your boss may contradict anything you say or suggest, so just follow orders with smile. Being a parent means being the one who cares enough to say no — and now is the time. Set new financial or budget goals.

LIBRA (Sept. 23-Oct. 23)
A chance to take over a position of responsibility should be considered with a wise adviser before committing. Behind-the-scenes activity is highly effective, especially in family matters. Think big!

SCORPIO (Oct. 24-Nov. 21)
An important new pal will help you get what you want. Invitations are extended to join social activities, a club or a class. Let a sibling know how much you care — introductions made today are beneficial.

SAGITTARIUS (Nov. 22-Dec. 21)
A job interview, new assignment or special conference by chance, you come to learn what you've been achieving. Bringing change and clear-cut help that make you feel indispensable. A fellow Sag advises wisely.

CAPRICORN (Dec. 22-Jan. 19)
Secret plans are made. Delightful surprises are connected with past career efforts — by chance, you come to learn what you've been achieving. An Aries needs your help with a love-life problem. Be thorough.

AQUARIUS (Jan. 20-Feb. 18)
A love affair that's been kept quiet is about to be big news. Emotional extremes are to be avoided, but following an inner hunch is very lucky. Be available if a bed-ridden relative needs help running errands.

PISCES (Feb. 19-March 20)
Mom and Dad need a little tender, loving care. An authority figure protects you. In romance, eschew big spending and excitement in favor of a home-cooked meal or cleverly sewing on a button. Get information about business decisions.

Movie schedules

Film timetable for Wednesday, Nov. 8. For times on other days or to confirm these times, check local theaters.

CARMINE PETITE
170 and Hwy. 187, Collinsville, 344-1708
Three Wishes (PG) 7:10, 9:30
Vampire in Brooklyn (R) 7:20, 9:40
Seven (R) 9:30, 9:50
To Die For (R) 7:05, 9:20

CRESTWOOD PLAZA 10
248 Crestwood Plaza, 988-8500
Babe (G) 11:00, 1:00, 3:00, 5:00, 8:10
Halloween 6 (R) 1:20, 3:20, 5:25, 7:40, 9:45
Mallrats (R) 11:25, 1:55, 3:35, 7:55, 10:05
Coyote (R) 11:00, 1:30, 5:00, 7:25, 9:50
Seven (R) 1:10, 4:30, 7:15, 9:40
Seven (R) 11:10, 1:50, 5:20, 8:15
To Die For (R) 11:30, 2:00, 5:40, 8:00

THE BIG GREEN (PG) 11:05, 1:05, 3:15, 5:20, 7:45
Three Wishes (PG) 11:15, 1:45, 5:45, 8:05
Now And Then (PG-13) 11:20, 1:35, 3:15, 7:35, 10:00

CREVIER CINE
10570 Old Olive Street Road, 822-4900
Get Shorty (R) 5:00, 7:15, 9:30
How To Make An American Quilt (PG-13) 4:40, 7:05, 9:25
Vampire in Brooklyn (R) 1:30, 5:00, 7:50, 10:05

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Lindbergh & New Valley Ferry, 821-8899
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DES PERES 14 CINE
Manchester & 1470, 822-4900
The Big Green (PG) 12:15, 2:40, 4:50
Mallrats (R) 7:10, 9:20
Now And Then (PG-13) 12:30, 2:40, 5:00, 10:15
Home For The Holidays (PG-13) 12:20, 2:40, 5:10, 7:45, 10:05
Vampire in Brooklyn (R) 1:30, 5:00, 7:50, 10:05
Seven (R) 1:00, 4:15, 7:05, 9:45
Gold Diggers (PG) 12:45, 3:00, 5:20, 7:35, 9:50

THE SCARLET LETTER (R) 12:45, 4:10, 6:45, 9:20
Powder (PG-13) 1:45, 4:30, 7:00, 9:30
Fair Game (R) 12:30, 2:50, 5:15, 7:40, 10:00

To Die For (R) 1:20, 4:20, 6:50, 9:15
How To Make An American Quilt (PG-13) 1:15, 4:20, 7:05, 9:45
Coyote (R) 1:50, 4:20, 7:05, 9:40
Get Shorty (R) 1:15, 4:15, 7:00, 9:30

EASTGATE CINE
Eastgate Plaza, E. Alton, 254-5288
Powder (PG-13) 4:00, 6:45
Get Shorty (R) 5:00, 7:30
Seven (R) 4:30, 7:15
Now And Then (PG-13) 5:15, 7:45
Dead Presidents (R) 4:15, 7:00
Fair Game (R) 4:45, 7:15

COTTONWOOD EDWARDSVILLE CINE
Edwardsville, Ill.
Dangerous Minds (R) 5:00, 7:30, 10:00
How To Make An American Quilt (PG-13) 4:30, 7:00, 9:45
The Big Green (PG) 4:15, 6:45, 9:15

ESQUIRE CINE
8708 Clayton Road, 781-3300
Get Shorty (R)
Dead Presidents (R)
Coyote (R)
Seven (R)
Devil In A Blue Dress (R)
Fair Game (R)
Vampire in Brooklyn (R) Check theater for times

EUREKA 6 CINE
99 Hilltop Village Center, 822-4900
Powder (PG-13) 5:25, 8:05
Three Wishes (PG) 5:15, 8:00
Now And Then (PG-13) 5:30, 7:55
Vampire in Brooklyn (R) 5:40, 7:45
Fair Game (R) 5:20, 7:50
Fair Game (R) 5:35, 8:10

100 CINE THEATRE
100 E. Main, Belleville, 233-6123
Hackers (PG-13) 7:15, 9:25
Dr. Jekyll And Mr. Hyde (PG-13) 7:05, 9:15
Waterworld (PG-13) 7:00
National Lampoon's Senior Trip (R) 9:20

NAMEOKI CINEMA
30 Nameoki Village, 877-4630
How To Make An American Quilt (PG-13) 7:00
Something To Talk About (R) 7:15
CANDY CINEMA
Belleville, Ill.
Seven (R) 4:30, 7:15, 10:00
Fair Game (R) 4:45, 7:15, 9:15
Get Shorty (R) 5:00, 7:30, 9:50
Coyote (R) 4:15, 7:00, 9:00

RITZ 3 THEATRE
407 E. Main, Belleville, 233-3538
Halloween 6 (R) 7:15, 9:30

Operation Dumbo Drop (PG) 6:45
Waterworld (PG-13) 9:15
National Lampoon's Senior Trip (R) 7:30, 9:15

ROXANA CINE THEATRE
Roxana, Ill., 254-6748
Dangerous Minds (R) 7:00
ST. CLAIR 10
50 Ludwig Drive, 358-8383
Powder (PG-13) 12:00, 2:20, 4:40, 7:30, 10:10
Three Wishes (PG) 12:10, 2:25, 4:45, 7:25, 10:00
Home For The Holidays (PG-13) 12:05, 2:30, 4:55, 7:20, 9:50
Fair Game (R) 1:05, 3:10, 5:15, 7:30, 9:45
Get Shorty (R) 12:30, 2:50, 5:10, 7:40, 10:10
Seven (R) 1:35, 4:20, 7:10, 9:55
Vampire in Brooklyn (R) 12:30, 2:40, 4:50, 7:15, 9:40
Gold Diggers (PG) 12:50, 2:55, 5:00, 7:10, 9:30
Coyote (R) 1:15, 4:15, 7:35, 10:15
Now And Then (PG-13) 12:00, 2:15, 4:30, 7:05, 9:35

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THE CURSE OF MACHETE
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SUN-THURS 7:00 ONLY

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10:00 A.M. - 6:00 P.M.
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LUNCHEON (11:00 A.M. - 2:00 P.M., only)
Will consist of: SOUP, SALAD, BLINI, and BEVERAGE
Special Items Featured: Handicrafts, Country Kitchen, Baked Goods and Frozen Peroghi (6/Pack)
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Today's Food

Wednesday, November 8, 1995

Food & Nutrition

Wise Ways

Spring brings urge to clean, but fall finds homemakers stocking the 'nest.'

INSIDE

Heart-y Bites

Cranberries provide a new perspective on autumn tables.

INSIDE

Blue Ribbon Cook

This week's winning cookie recipe has almond flavor coursing through its veins.

INSIDE

Private Label Test Run

Apple butter is an autumn treat that invites muffins and toast to a breakfast or snack. Always Save apple butter from Price Chopper was the seasonal choice for this week's test.

INSIDE

Micro Raves

Looking forward to holiday fare? Bake sweet spuds.

INSIDE

Lively Taste

Ginger root adds punch to marinades, salad dressings, soups and sautés. Just peel, then grate or slice it. Add to stir-fry for aroma plus flavor. Keeping it tightly wrapped in the freezer ensures a fresh supply that is easy to grate.

Health & Fitness

Medicine Chest

Gargling with salt-water may not prevent a sore throat, but it can provide temporary relief. Salty water can help reduce inflammation. Gargling may help clear secretions. Experts recommend using 1 teaspoon salt per quart of water.

Fresh Picks

Women who may become pregnant or are in early stages of pregnancy should beef up their folic acid. Eating adequate amounts of this B vitamin in the first six weeks of pregnancy can avoid serious, even fatal, disabilities called neural tube defects, including spina bifida. Citrus fruits and juices and leafy dark green vegetables are prime sources. So are legumes and fortified breakfast cereals. The daily goal is 400 micrograms of folic acid. Salad is an easy source. One cup of leafy greens — the greener the better, such as in spinach or romaine — is a good start. Broccoli, asparagus and Brussels sprouts are high achievers. A main-dish salad with beans or lentils boosts the number quickly. Among fruits, cantaloupe and orange, as well as orange and pineapple juice, are moderate sources, while tomato, grapefruit and watermelon are light helpers.

Big Fat Tip

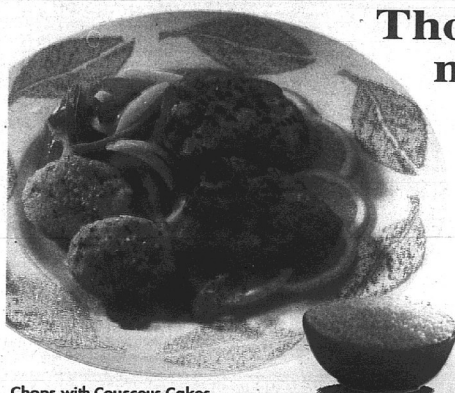
Pecan pie wins a high-fat award with about 24 grams per slice. Cutting back or eliminating the 'dotting with butter' cuts fat in fruit pie, which can contain 11 to 13 grams fat per slice. Chocolate and pumpkin pie can be lower in fat if made with skim milk and yolk-free egg product. Gelatin thickenings can be made with milk, rather than heavy cream. Crust holds most of the fat. Purchased crust varies in fat from 5 to 13 grams per slice. Crumb crusts may not be lower in fat, because butter or margarine holds them together. Smaller slices cut fat. Making a one-crust pie or skipping crust — try pumpkin custard — reduces it. Top angel food cake or frozen yogurt with fruit pie filling.

Future Shop

New to the shelf in time for the holidays is confectioner's sugar in lemon, chocolate and strawberry flavors. Also headed to supermarket shelves is plastic wrap not just in colors, but with holiday designs.

Pasta & Rice

Those are the quiet names. Couscous and Pilaf are steamy variations.



Chops with Couscous Cakes

Apple Rosemary Couscous

Story by
Janice Denham
Staff writer

Pilaf has been around a long time. Those who frequent banquets say they have seen it on menus since the land flowed with milk and honey. Simple as boiling water, pilaf (pronounced PEE-lahf) comes from the East under a Turkish title.

Basically, rice is browned with onion in butter, then simmered in broth. The addition of meat, seafood, legumes, vegetables, fruits and simple or exotic seasonings extends its versatility and color like other rice recipes.

A long grain rice cooks up best to form individual grains. Traditionally it is mounded in a ring with garnish and sauce in the center.

At first glance on the table, couscous (pronounced KOOS-kooos) looks like rice. However, a closer inspection shows small pasta beads. The round balls of hard wheat semolina compose the national dishes of Algeria, Morocco and

SEE RICE, INSIDE TODAY'S FOOD PAGE 2

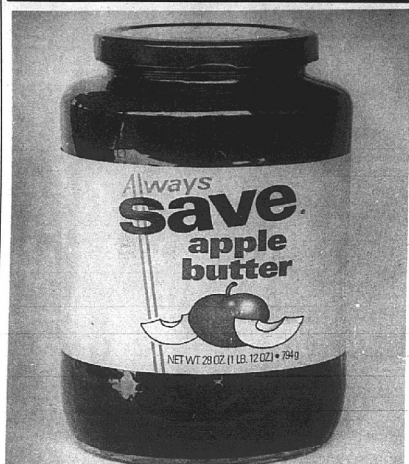
Tasty TACO TALK

Kids' Cuisine

Let children eat through a line of tic-tac-toe. Make up cards with protein foods — for instance, cheese, beans and a chicken leg — on one line, grains on another and fruits and vegetables on a third. A child can cross off a food as it is eaten. Give a special treat — a trip to a favorite park or a new video on Saturday night — whenever a line is completed. Cards can be designed to encourage a child to eat what he avoids or help teach colors, such as the yellow in banana, cheese and peaches.

Today's Food

Private Label Test Run



Autumn holds the mood for sweet and spicy flavors, like those in apple butter. This week's tasting is Always Save apple butter from Price Chopper.

Cinnamon 'n' spice season apple butter

Apple-icious foods permeate autumn from start to finish. The thick sweetness of apple butter can attract appetites that otherwise might be wasted on jams and jellies, *Journal* testers recently thought.

Always Save apple butter from Price Chopper, spread on wedges of toasted English muffins, was found to be a good middle-of-the-road spread in flavor, smooth and not-too-runny in consistency and a bargain in cost at \$1.32 for a 28-ounce jar.

Its mild seasoning was liked by those who do not care for extra spice in apple butter.

"My family had locally homemade apple butter and I like it sweet and without lots of cloves. This fills the requirements," said a taster.

While there was general agreement that the product did not taste "like Grandma would make," almost everyone thought it would be highly acceptable in most families and satisfy a variety of tastes there.

"It is not too sweet and has a nice, smooth con-

sistency. It would be good for toast. My kids like apple butter on peanut butter and jelly sandwiches," a taster said.

It proved an easy attraction at first glance for one tester.

"It has a nice color and smells good, she said. Several compared its mild flavor to other favorite apple products, like cider or pie filling.

One taster who is not a regular apple butter eater said, "I like the creamy texture and sweetness, also the cinnamon flavor."

The cinnamon-and-sugar combination seemed to attract most tasters.

"This is a nice surprise as a store brand, not something you'd expect," one added.

Those who buy groceries for their families appreciated the price, particularly compared to homemade apple butter. One said she has been disappointed when a larger jar like this one is not available on a supermarket shelf.

- Chopped fresh cilantro.
- Rich-tasting, ripe olives or green onion.
- Black or pinto beans.
- Chopped cooked shrimp, crabmeat, clams, ham, smoked chicken or turkey, Canadian bacon or tuna.

Rice

Continued from page 1C. Tunisia. It enjoys big popularity in France. Regular grains should be steamed to soften the grains.

However, the couscous widely available on supermarket shelves today makes the "quick-cooking" an understatement. Already cooked with steam and dried, with or without seasonings, it only needs to sit in boiling broth, juice or water long enough to become fluffy and separate — less than 10 minutes.

Like other grains, it can combine with savory or sweet flavors, bulge to become a stuffing or simmer in soup for heartiness. It becomes exotic or familiar on any dish. In St. Louis, supermarkets, couscous primarily is found boxed under the Near East label. Refrigerated leftovers pack easily for a next-day lunch.

Here are pilaf and couscous ideas that will please family and friends.

Almond Pilaf: Bring 1 cup uncooked rice, ¼ cup raisins, 1 tablespoon dehydrated chopped onion or ½ chopped fresh onion, 2 teaspoons instant chicken bouillon, 1 tablespoon butter or margarine, ¼ teaspoon white pepper and 2 cups water to boil, stirring once or twice. Reduce heat. Simmer, covered, 15 to 20 minutes until rice is tender and liquid is absorbed. Remove from heat. Add ½ cup slivered, toasted almonds. Fluff with fork.

Curry Pilaf: Prepare Almond Pilaf, adding 1 to 2 teaspoons curry powder and 1 teaspoon turmeric to cooking mixture.

Broccoli Pilaf: Add 1 cup broccoli florets and replace almonds in Almond Pilaf with walnuts during last 5 minutes of cooking.

Heart-y Bites

Cranberries diversify table

By BARB TENG

What is Thanksgiving Day dinner without cranberries? This ruby-red, tart-berried native of the United States is grown in New England, the Midwest and Pacific Northwest.

In markets since their late-September harvest began, cranberries are ready for holiday salads, as well as sauces, relishes, pies and muffins. Try some ideas that give new flavor to an old holiday favorite.

Fruity Cranberry-Jalapeno Sauce is zesty with the addition of jalapeno peppers. This recipe is one of many low-fat, easy ideas from the American Heart Association's "Quick and Easy Cookbook."

Cherry Cranberry Pie, from Dierberg's "Everybody Cooks" magazine, is paired with a pie crust modified in total and saturated fat. It is from the fifth edition of the "American Heart Association Cookbook."

Although its calorie and fat content still are high because of the double crust, a serving of this pie has 100 fewer calories and 12 grams fat less than a typical homemade cherry pie recipe.

There are ways to cut fat in this pie further. The second crust could be eliminated or used partially by

making a cutout design for the center top. The pie also can be sliced in 10 pieces, rather than the typical eight.

Registered dietitian Barb Teng is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

Laclede Gas Co. will host the last monthly "Love Eating" session of the year from 10:30 to noon Wednesday, Nov. 15. Registered dietitian Cathy Crowe of the home service department will offer sin-free desserts that satisfy the overgrown sweet tooth. For information or reservations for this free class, call 45-HEART or toll-free (800) 255-9919. Lunch brown-baggers are welcome.

CRANBERRY-JALAPENO SAUCE

- 1 can (12 oz.) cranberry orange sauce
- 1 tbsp. chopped fresh jalapeno
- 1 tsp. bottled, minced jalapeno pepper

In small saucepan, stir together cranberry sauce, cilantro and jalapeno. Over low heat, cook about 5 min-

utes, stirring occasionally, until heated through.

Use warm sauce to baste skinless turkey and serve with individual slices.

Makes about 10 servings

(2 tablespoons sauce and 4 ounces turkey breast): 236

calories, 4 g fat, 75 mg cho-

lesterol and 87 mg sodium

each.

CHERRY CRANBERRY PIE

- 2 pkg. (12 oz. each) frozen, dark sweet cherries
- 1½ cups fresh cranberries, chopped
- 1 cup sugar
- ¼ cup cornstarch
- 1 tsp. vanilla
- 1 tsp. almond extract
- Oil Pastry Pie Crust

Preheat oven to 375°.

In large microwave-safe bowl, toss together cherries, cranberries, sugar and cornstarch. Microwave on high power 15 minutes, stirring every 3 minutes, until liquid is slightly thickened. Let cool slightly.

Line 9-inch pie plate with half the pastry.

Stir vanilla and almond extract into fruit mixture. Pour into crust. Cover with

remaining pastry. Trim and crimp edge. Brush top with skim milk, if desired.

Bake in preheated oven 35 minutes or until golden brown.

Oil Pastry Pie Crust: In medium bowl, sift together 2 cups flour and ¼ teaspoon salt.

In small bowl, combine ½ cup canola oil and 3 tablespoons cold skim milk. Pour all at once into flour mixture. Using fork, stir lightly until blended, adding more milk if necessary to hold together dough.

Divide into 2 portions. Refrigerate, covered, a few minutes to make dough easier to work.

Working with one portion at a time, flatten dough slightly. Place between 2 sheets of waxed paper. Roll out quickly. Remove top sheet.

Turn dough onto pie plate. Remove second sheet and lift crust around edges so it settles into plate. Trim edges with fork or fingers. Repeat with second ball of dough.

Makes 8 servings; 385

calories, 9.5 g fat, no cho-

lesterol and 72 mg sodium

per slice.

Wise Ways

LINDA BLUMENBERG

Stocking the kitchen is fall's legacy

Fall brings an urge to squirrel away food for the long cold months of winter. It is the annual time to "stock up."

When the homing instinct hits me, a big pot of soup stock gently bubbling on the stove satisfies my need to provide my family with plenty of quick, savory meals in the days ahead.

Plus, there is the added satisfaction of making something delicious from ingredients that might otherwise be thrown out.

Most stock requires several hours of cooking, but it is easy to put together and requires little attention. After everything is in the pot, only an occasional peek to keep the contents at a slow simmer is required. A single basic recipe can be used for vegetable, chicken or beef stock by changing or omitting one or two ingredients.

Rich-tasting, heavy-bodied stock is made from bony pieces of meat with a large proportion of connective tissue. Beef shank, oxtail and veal breast are typical. I save bones from beef roasts or steaks and

chicken breasts in freezer bags until I have enough for a potful. Long, slow cooking helps break down connective tissue in the bones and converts it into gelatin. Once cooled, meat-based stocks solidify and gel.

Browning meat, bones and vegetables before cooking also makes stock richer in flavor and color. Roast ingredients in an open pan in a hot (450°) oven or broil until brown. Drain off any accumulated fat before putting it in the stock pot. Then, add water to the roasting pan to loosen any little pieces left stuck to it, and pour that into the pot, too.

After cooking, stock is strained through two layers of cheesecloth and the solids discarded because they have lost most of their flavor. Still, if any meat or vegetables are desired, they can be chopped and returned to the soup, too. Cool strained stock quickly in loosely covered, shallow containers in the refrigerator. Lift off any fat that hardens on the surface. Freeze stock in containers

appropriate for their intended use.

Place 1 to 2 tablespoons in ice cube trays to use in stir-fry recipes or to flavor cooked vegetables; 1 to 2 cups in plastic freezer containers for cooking rice and other grains; 1-quart containers for soups and stews. Leave an inch or two at the top of containers to allow for expansion as the stock freezes.

Certified home economist Linda Blumenberg is nutrition specialist with University Extension (University of Missouri system) in Montgomery County.

CHICKEN STOCK

- 2 lb. chicken backs, wings, necks, bones or other parts
- 1 large onion, cut in half
- 2 carrots, quartered
- 3 ribs celery with leaves, cut in half
- 1 bay leaf
- 12 peppercorns
- 1 sprig fresh parsley
- ½ tsp. dried tarragon or thyme

fat, 90 mg cholesterol, 392

mg sodium and 2 g dietary

fiber each.

Lamb Chops: Mix ½ tea-

spoon coriander, ¼ tea-

spoon thyme and ¼ tea-

spoon black pepper.

Sprinkle 8 lamb loin chops

(2 lb.), 1 inch thick,

trimmed, with spice mix-

ture. Grill 4 to 5 inches

per side or to desired doneness.

Makes 4 servings; 460

calories, 37 g protein, 18 g

fat.

fat, 90 mg cholesterol, 392

mg sodium and 2 g dietary

fiber each.

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per side or to desired doneness.

Makes 4 servings; 460

calories, 37 g protein, 18 g

fat.

fat, 90 mg cholesterol, 392

mg sodium and 2 g dietary

fiber each.

Today's Food

Micro Raves

By BETTY SERATI

Flavorful sweet potato spins trail of pure gold

The sweet potato is a treat for the palate. With its golden orange hue and tender flesh, it is a flavorful and attractive accompaniment to many entrees. Unfortunately, most people think of the sweet potato as only a fall menu item that accompanies turkey. While it goes excellently with turkey, the sweet potato is a wonderful side dish for a wide variety of menus. It offers flavor, as well as nutrition — a high amount of vitamin A without fat and only 150 calories per medium spud. Conventionally, a medium sweet potato takes more than an hour to bake. A

microwave oven cooks it in only 3 to 4 minutes on full power. Because of high sugar content, a sweet potato microwaves even faster than its Irish relative.

To bake it in a microwave oven, just pierce the skin a few times to let steam escape and keep it from bursting. Place it on a paper towel-lined dish and cook it 3 to 4 minutes, turning over halfway through the cooking time. Cook until the potato is more firm than desired, because it softens and continues to cook slightly after being removed from a microwave. Many people enjoy a

sweet potato's taste as natural, but many toppings work, too.

Most often on holiday tables, candied sweet potatoes are essential. To make them in a microwave oven, bake as described, increasing time with the quantity, and let cool. Peel and slice them.

Layer half the potatoes into a glass serving dish, dot with butter and sprinkle with brown sugar — about 1/4 cup for 4 potatoes. Spread a layer of mini-marshmallows on top. Repeat with the other half of the sliced potatoes. The potatoes can be prepared to this point up to a

day in advance and refrigerated. Before serving, cook, covered, in microwave oven on high power 8 to 10 minutes until marshmallows are melted.

For an unusual way to serve this golden spud, try Amaretto Sweet Potatoes. Its delicious almond flavor and cookie topping will make it a hit at holiday time.

Betty Serati specializes in microwave cooking.

AMARETTO SWEET POTATOES

4 sweet potatoes (about 2

lb.)
10 almond cookies
1/4 cup (1/2 stick) butter or margarine
1/2 cup brown sugar
1/2 cup almond liqueur, such as Amaretto

Pierce skins of sweet potatoes with fork. Cook on high power, turning over halfway during cooking time, 10 to 15 minutes until cooked but firm. Let stand until cool enough to handle, then peel and slice.

In food processor or blender, pulverize cookies. Add butter. Process until well mixed and crumbly, taking care not to process until buttery in texture.

Lay half the sweet potatoes in 2-quart glass casserole dish. Sprinkle with 1/4 cup brown sugar. Drizzle with 2 tablespoons liqueur. Scatter half the cookie topping over sweet potatoes. Add remaining sweet potato. Sprinkle with remaining 1/4 cup brown sugar and drizzle with remaining 2 tablespoons liqueur. Scatter remaining cookie topping evenly over all.

Cook on high power about 7 minutes until heated through and topping has melted.

Makes 6 to 8 servings.

Blue Ribbon Cook

Almond bars give big cookie flavor

Janette Holy, St. Louis County, is this week's winner of dinner certificates to the Pasta House Co. for Scandinavian Almond Bars.

These cookies are quick and easy to make, yield wonderful almond flavor and remain one of her all-time favorites for holiday treats. In fact, her family liked them so much the first year she made them, they told her she could skip all other varieties. Part of their attraction, she feels, is they "aren't the usual round cookie," so they automatically get attention.

The recipe is ideal for mixing in a food processor, but can be made with an electric mixer. A single entry to this month's contest for holiday-appropriate beverages and dips should be sent to: Drink and Dip Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. One winner each of the four Wednesdays in December will be chosen on the basis of taste and eye appeal, as well as original-

ity, although the recipe need not be original. Double-check directions and specific amounts, giving variations that individualize the recipe.

If possible, tell where the recipe came from and give specific information about special touches that give it a personal signature. Indicate which *Journal* newspaper you receive.

Duplicate entries will be considered on the basis of earlier entry or best compliance with rules. Contest winners may enter again six months after their prize-winning publication date.

SCANDINAVIAN ALMOND BARS

1/4 cup (1/2 stick) butter
1/4 cup (1/2 stick) margarine
1 cup sugar
1 egg
1/2 tsp. almond extract
1 1/4 cups flour

2 tsp. baking powder
1/4 tsp. salt
Milk

1/2 cup sliced almonds
Almond Icing

Preheat oven to 325°.

In food processor, mix butter and margarine until creamy. Add sugar. Beat until fluffy. Add egg, almond extract. Process until just combined.

Add flour, salt and baking powder. Beat until mixture just is combined and forms ball.

Divide dough in 4 equal parts. Form each into 12-inch roll.

Place 2 rolls lengthwise 4 to 5 inches apart on ungreased cookie sheet (not air-cushioned). Cover with waxed paper. Evenly roll each about 3 inches wide.

Brush flattened rolls with milk — skim milk makes cookies crisp, butter makes them soft and chewy. Sprinkle with almonds. Repeat on second cookie sheet with other 2 rolls.

Bake in preheated oven 12 to 14 minutes until edges are lightly browned. Move to upper to middle rack if edges brown too quickly.

While cookies are warm, slice diagonally in 1-inch strips. Loosen, but do not separate or remove them. Cool.

Drizzle with Almond Icing in zigzag pattern. Almond Icing: Stir together 1 cup confectioner's sugar, 1/4 teaspoon almond extract and enough milk to make drizzling consistency. Makes 4 dozen.

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Recipe

SPICY TORTILLA SOUP

1/2 lb. lean ground pork
1/2 cup chopped onion
4 cups crushed canned tomatoes
2 cups chicken broth
1 jar (8 oz.) medium-hot salsa
1 tsp. cumin
1 tsp. chili powder
1/2 tsp. salt

1/2 tsp. garlic powder
1/2 tsp. pepper
4 corn tortillas, cut in thin strips

In large saucepan over medium-high heat, brown pork and onion, stirring occasionally. Add tomatoes, broth, salsa, cumin, chili powder, salt, garlic powder and pepper. Simmer, covered, 20 minutes.

Stir tortilla strips into soup. Simmer 5 to 10 minutes longer until tortilla strips are softened.

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Today's Food

Good Health

By MELANIE POLK

Light broth is clear choice

Although thick winter soups packed with beans and potatoes are a cold-weather favorite, sometimes a lighter, aromatic broth has more appeal. A steamy, flavorful clear soup also can warm the toes on a blustery fall day.

Clear soups are easy to prepare with the right ingredients. Made at home or with canned broth or bouillon, stock provides a foundation of flavor for soups — as well as for stews, pilafs and sautéed dishes.

A simple vegetable stock can be prepared with 3 ribs celery, 2 onions, 3 carrots, 2 cloves garlic — all chopped — and ½ bay leaf plus 8 peppercorns or ¼ teaspoon ground pepper.

In a large pot, bring all the ingredients with 2 quarts water to a boil. Reduce heat and skim any foam from the surface. With lid ajar, simmer the mixture 30 to 90 minutes, then strain through a sieve or colander. Season with salt, if desired, and cool in the refrigerator. This stock

can be stored in the refrigerator up to 4 days or frozen up to 6 months.

It is important not to boil the stock, because boiling causes the vegetables to break down and make the stock murky. Holding it at a simmer — displayed by tiny bubbles around the rim of the pot — helps keep the stock clear.

Almost any vegetable — the tough outer leaves of lettuce, stems and stalks of parsley and other herbs, pea pods, mushroom stems, leek tops and others — helps make delicious stock. Legumes and potatoes also produce a cloudy broth. Broccoli, cauliflower and dark, leafy vegetables tend to overpower the flavor.

Commercial broth is enlivened by adding a few tablespoons of minced onion, carrot or celery and a pinch of parsley or thyme.

French Onion Soup uses low-sodium beef bouillon for a warm, elegant dish that is clearly delicious and easy to prepare.

For a free brochure about "Fruits, Vegetables and a Healthier You," send a stamped, self-addressed envelope to: American Institute for Cancer Research, Department AP, Washington, D.C. 20069.

Registered dietitian Melanie Polk is director of nutrition education for the American Institute for Cancer Research in Washington.

(preferably low-sodium)
Ground pepper to taste
6 slices French bread
2 tsp. grated parmesan cheese

Cook onion in margarine about 3 minutes over medium heat. Add bouillon and pepper. Simmer 20 to 30 minutes until onion is tender.

Sprinkle cheese over bread. Broil until cheese melts.

Float bread on top of soup in large tureen or individual dishes.

FRENCH ONION SOUP

1½ cups sliced onion
2 tsp. margarine
6 cups beef bouillon



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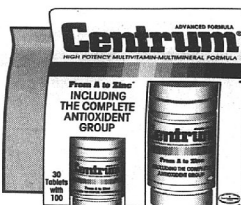
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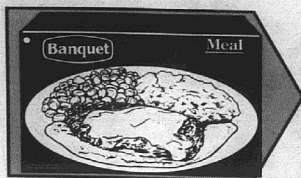
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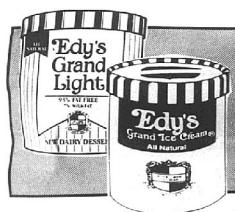
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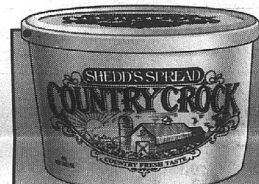
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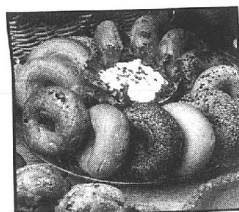
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2/\$6
HALF GALLON



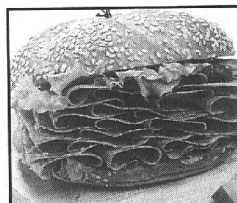
Shedd's Country
Crock Spread

89¢
1-LB. PKG.



BAKERY DEPARTMENT
Fresh Bagels

299
12-CT. PKG.



SWIFT
Hard Salami

399
lb.

BAKERY, SEAFOOD &
DELI

Red Tag Values!

Lone Star **399**
Sweet Rolls.....
6-COUNT

SINGLE LAYER
Cookies & Cream **399**
Cake.....
8-INCH

MESQUITE

Jennie-O **499**
Turkey Breast.....
lb.

WISCONSIN

Mozzarella **329**
Cheese.....
lb.

ALASKAN

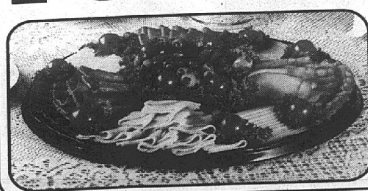
Whitefish **199**
Fillets.....
lb.

Whole **129**
Whiting.....
lb.

FARM FRESH
Catfish **179**
Nuggets.....
lb.

11083A

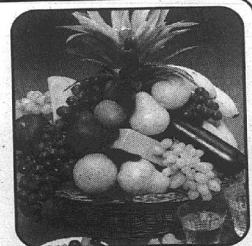
For the Holidays...



Order a delicious deli party tray
or fresh fruit basket!

The Perfect Gift...

Give Shop 'n Save Gift Certificates
Available in any amount at the Service Desk.



Stretch Your Dollar!

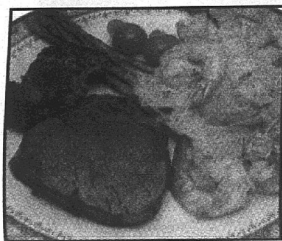
With Total Value From Shop 'n Save!



USDA CHOICE BEEF
**Boneless Bottom
Round Roast**

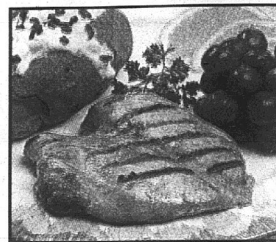
179
lb.

LIMIT 3
PLEASE



USDA CHOICE BEEF
**Boneless Eye of
Round Steak**

239
lb.



TENDERBIRD FROZEN
**Boneless, Skinless
Chicken Breast**

799
3-LB. BAG

ALL VARIETIES
**Eckrich Smoked
Sausage**

179
lb.

MAPLE FLAVOR
**Surrey Farm
Bacon**

159
1-LB. PKG.

**Louis Rich
Ground Turkey**

99¢
1-LB. ROLL

ALL VARIETIES
**Eckrich
Lunchmakers**

99¢
3.75-OZ. PKG.

**Tennessee Pride
Pork Sausage**

199
1-LB. ROLL

**Tyson Chicken
Pot Pies**

3/\$4
9-OZ. PKG.

FAJITAS OR STIR FRY
**Hudson
Meal Kits**

499
34-OZ. PKG.

CLAM STRIPS OR
**Sea Pak
Shrimp Poppers**

99¢
5-6 OZ. PKG.

FAMILY PACK
**Fresh Lean
Ground Chuck**

139
lb.

ALL VARIETIES
**Seitz
Bologna**

129
1-LB. PKG.

BOLOGNA OR
**Louis Rich
Turkey Franks**

109
1-LB. PKG.

VALUE PACK
**Gorton's Fish
Sticks or Portions**

2/\$6
24.5-OZ. PKG.

ALL MEAT
**Hygrade
Hot Dogs**

89¢
1-LB. PKG.

**Louis Rich
Turkey Bacon**

199
12-OZ. PKG.

ALL WHITE
**Jennie-O Turkey
Pan Roast**

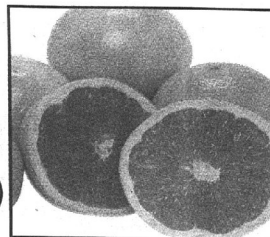
2/\$6
2-LB. BOX



PEPPER
EXTRAVAGANZA

**Green, Red, Gold, or
Orange Bell Peppers**

2/88



FLORIDA
**Red or White
Grapefruit**

198
5 POUND
BAG

MICHIGAN
**Red Delicious
Apples**

298
5-LB. BAG

CALIFORNIA, 30-COUNT
**Iceberg
Lettuce**

68¢
HEAD

DOLE
**Spinach or
Caesar Salad Mix**

178
10-OZ. BAG

CALIFORNIA
Broccoli

78¢
BUNCH

5 A Day Fruits &
For Better Health Vegetables

**Your Satisfaction
Is Guaranteed...**

Shop 'n Save

® The more you shop the more you save. SM

S	M	T	W	T	F	S
			8	9	10	11

• PRICES GUARANTEED THRU November 11, 1995 AT ALL ST. LOUIS METRO STORES ONLY • WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 984-0900

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**DOUBLE YOUR
MONEY BACK
MEAT & PRODUCE
GUARANTEE**
WITH PROOF OF PURCHASE

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*Now registering
for November*

**Midwest Institute for Medical Assistant
ST. LOUIS
314-965-8363**

INCOME BONUS ON MULTI-FAMILY RE-OUTWEIGH COST CONSIDERABLY. Investors take a look at this. See Janes 239

Cathy Busch	877
D.L. Coppedge	876
Jim Foley	931
Fred Fossleck	931

LARGE OFFICE BUILDING
IDEALLY LOCATED ON A
BUSY STREET, 2400 sq. ft. If
you need room to grow, this
building is ideal. Zoned C-2. See
Cathy for more info. LG 36

25	Marianne James	931-7146
19	Jo Ann Mathenia	931-7121
52	Bernie Maxfield	931-4010
46	J. Jane McCord	431-8068

STORS: GREAT INCOME.
PENTIAL 2 homes on one
Front home has two
rooms, full bath and base-
ment. Back house is 4 rooms on
level. Ask for J. Jane McCord.
27

Lucinda So
Evelyn Spi
Rose Ste
Betty Talco
Arlene War

or expand your
this out. Com
5x116.5 LG 283
MG LOTS IN
the 60x325 the
25. Both for
Neva today! LG

451-6086
738-0051
452-2777
452-0338
876-7510

MONTHLY PAYMENTS.
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 738-0511
 452-2772
 452-6336
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Save UP TO \$32²⁴

OR 29% On These Identical Items at Shop 'n Save!

THESE ARE
SHOP 'N SAVE'S
**Everyday
Low Prices!**

BUY ALL THE ITEMS IN THE LIST BELOW AND PAY:

\$77.94
AT
SHOP 'N SAVE

\$110.18
AT SCHNUCKS
★ YOU SAVE \$32.24
OR 29% AT
SHOP 'N SAVE

\$104.68
AT DIERBERGS
★ YOU SAVE \$26.74
OR 25% AT
SHOP 'N SAVE

Totals Above Do Not Include Sales Tax

GROCERY DEPT.	Shop 'n Save	Schnucks	You Save At Shop 'n Save	Dierbergs	You Save At Shop 'n Save
BUGLES ORIGINAL Corn Snacks.....6 oz.	.99	1.89	47%	1.89	47%
POP SECRET VALUE PACK Micro. Popcorn.....21 oz.	2.99	3.99	25%	3.99	25%
CAMPBELL'S, CREAM OF MUSHROOM Soup.....10.75 oz.	.69	.89	22%	.89	22%
LIFTON, RECIPE SECRET Onion Soup Mix.....2 oz.	.79	.99	20%	1.29	38%
FRANCO AMERICAN Beef Gravy.....10.25 oz.	.50	.99	49%	.99	49%
Hunt's Manwich Sauce.....15.5 oz.	.99	1.49	33%	1.49	33%
CHEF BOYARDEE Beef Ravioli.....15 oz.	.99	1.39	28%	1.29	23%
SUNSWEEP Prune Juice.....32 oz.	.99	1.79	44%	1.39	28%
OCEAN SPRAY, JELLIED Cranberry Sauce.....16 oz.	.79	1.09	27%	1.09	27%
MAXWELL HOUSE AUTO DRIP Coffee.....39 oz.	6.99	9.99	30%	9.99	30%
PEDIGREE SMALL BITES Mealtime Dog Food.....22 lb.	6.99	8.99	22%	8.99	22%
MILK BONE, LARGE Dog Biscuits.....4 lb.	2.99	4.19	28%	3.89	23%
HEIFETZ BREAD & BUTTER Pickles.....32 oz.	1.99	2.39	16%	2.99	33%
HEINZ SQUEEZE Ketchup.....64 oz.	2.99	4.29	30%	3.89	23%
POST Toasties.....18 oz.	1.99	2.79	28%	2.79	28%
WESSON PURE Vegetable Oil.....48 oz.	2.49	3.59	30%	3.49	28%
JIFFY Baking Mix.....40 oz.	.99	1.49	33%	1.39	28%
DREAM WHIP Topping Mix.....5.2 oz.	1.99	2.79	28%	2.79	28%
ULTRA SURF 42 USE Laundry Detergent.....98 oz.	4.97	7.99	37%	5.97	16%
COMET Cleanser.....14 oz.	.34	.69	50%	.59	42%
ULTRA SNUGGLE Fabric Softener.....40 oz.	2.99	3.99	25%	4.27	29%
DOW Saran Wrap.....100 ft.	1.99	2.99	33%	2.49	20%
PET Evaporated Milk.....12 oz.	.49	.79	37%	.69	28%

MEAT & PRODUCE	Shop 'n Save	Schnucks	You Save At Shop 'n Save	Dierbergs	You Save At Shop 'n Save
WHOLE Fryers.....per lb.	.69	.89	22%	.99	30%
SURREY FARM Bacon.....1 lb.	1.79	2.39	25%	2.29	21%
HUNTER ALL MEAT Wieners.....12 oz.	.89	1.19	25%	1.19	25%
LOUIS RICH Smoked Sausage.....14 oz.	1.99	2.69	26%	2.29	13%
R.B. RICE Pork Sausage.....1 lb.	1.99	2.69	26%	2.89	31%
FARMLAND SELECT Pork Sausage.....1 lb.	1.99	2.89	31%	2.19	9%
LOUIS RICH Ground Turkey.....1 lb.	1.39	1.99	30%	1.79	22%
JONATHAN Apples.....3 lb.	1.48	1.99	25%	1.99	25%
LARGE Lemons.....each	.49	.69	28%	.69	28%
GREEN Onions.....bunch	.49	.69	28%	.50	2%
CRISP RED Radishes.....1 lb.	.98	1.49	34%	1.49	34%

DAIRY AND FROZEN FOOD

KRAFT 24 SLICES American Singles.....16 oz.	2.99	3.99	25%	3.69	18%
PILLSBURY Pizza Crust.....10 oz.	1.49	1.99	25%	1.89	21%
I CAN'T BELIEVE ITS NOT BUTTER Quarters.....1 lb.	.99	1.49	33%	1.39	28%
MINUTE MAID FROZEN Orange Juice.....12 oz.	1.19	1.79	33%	1.59	25%
ORE-IDA Tator Tots.....2 lb.	1.89	2.59	27%	2.45	22%
PATIO Burritos.....5 oz.	.34	.45	24%	.55	38%
TOTINO'S Pizza Rolls.....20 oz.	2.99	3.99	25%	3.49	14%
PET-RITZ Pie Shells.....2/9 inch	.99	1.49	33%	1.19	16%
PET Cream Pie.....14 oz.	.99	1.34	26%	1.61	38%

These items were purchased on November 6, 1995 at Schnucks at Clayton & Woods Mill at 9:41 a.m., and at Dierbergs at Manchester & Baxter at 9:14 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of ad publication. The above prices do not reflect manufacturers' deals.

Shop 'n Save
The more you shop
the more you save. SM

**TOTAL
VALUE**

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